

Between the Covers

Resources

Print

Fiction

- Faulkner, William. ***Big Woods: The Hunting Stories***. Vintage, 1994. 224 p. (978-0679752523, pap.) Includes four stories “The Bear,” “The Old People,” “A Bear Hunt,” and “Race at Morning,” from assorted Faulkner works.
- Fitzgerald, Penelope. ***The Bookshop***. Houghton Mifflin, 1997. 123 p. (978-0395869468, pap.) The pettiness of an English seaside town is described by Florence Green, a middle-aged widow who opens a bookshop there.
- Fforde, Jasper. ***The Eyre Affair*** (A Thursday Next Novel). Penguin, 2003. 384 p. (978-0142001806, pap.) In an alternate Great Britain, literary detective Thursday Next pursues a master criminal through the pages of Jane Eyre.
- Gruber, Michael. ***The Book of Air and Shadows***. William Morrow & Co., 2007. 480 p. (978-0060874469) Hidden in the binding of a charred book is a cache of letters. They are encrypted and the key to unlocking the mysterious code has been lost for 400 years. If the letters are read, they will lead to one of the most valuable items in the history of the world.
- Jacobs, Kate. ***The Friday Night Knitting Club***. Berkley Trade, 2008. 384 p. (978-0425219096, pap.) Gathering for their weekly knitting club at a small yarn shop on Manhattan’s Upper West Side, a group of women share challenges such as raising their children, the ups and downs of their careers, and pursuing uncertain relationships.
- Jones, Lloyd. ***Mister Pip***. Dial, 2008. 272 p. (978-0385341073, pap.) On a copper-rich tropical island shattered by war, on which survival is a daily struggle, eccentric Mr. Watts, the only white man left after the other teachers flee, spends his day reading to the local children from Charles Dickens’s classic *Great Expectations*.
- Kinsey-Warnock, Natalie. ***The Canada Geese Quilt***. Puffin, 2000. 64 p. (978-0141304625, pap.) Worried that the coming of a new baby and her grandmother’s serious illness will change the warm familiar life on her family’s Vermont farm, ten-year-old Ariel combines her artistic talent with her grandmother’s knowledge to make a very special quilt.
- Kotzwinkle, William. ***The Bear Went Over the Mountain, a Novel***. Holt, 1997. 320 p. (978-0805054385, pap.) In this lampoon on the publishing industry a

bear steals a manuscript from a writer and publishes a bestseller.

- Macomber, Debbie. *The Shop on Blossom Street*. Mira, 2010. 400 p. (978-0778328827, pap.) Four women join a knitting group at a Seattle yarn shop and share their lives.
- McNeil, Gil. *The Beach Street Knitting Society and Yarn Club*. Voice, 2009. 432 p. (978-1401341220, pap.) Newly widowed Jo Mackenzie packs up her two rowdy boys and moves from London to a dilapidated villa in her seaside hometown where she takes over her beloved Gran's knitting shop.
- Noble, Elizabeth. *The Reading Group*. Harper, 2005. 429 p. (978-0060760441, pap.) What starts out as a lark of an idea, born from a glass of wine and a need to socialize, turns into a forum for five very different women who walk complicated paths—but soon discover the power and importance of friendship.
- Patillo, Beth. *The Sweetgum Ladies Knit for Love*. WaterBrook Press, 2009. 368 p. (978-1400073955, pap.) In this charming follow-up to *The Sweetgum Knit Lit Society*, six Southern women are about to discover that nothing knits women together like matters of the heart.
- Polacco, Patricia. *The Keeping Quilt*. Simon & Schuster, 1998. 48 p. (978-0689820908) A homemade quilt ties together the lives of four generations of an immigrant Jewish family, remaining a symbol of their enduring love and faith.
- Shaffer, Mary Ann, and Annie Barrows. *The Guernsey Literary and Potato Peel Pie Society*. Dial, 2008. 288 p. (978-0385340991) A great story told in letters and a piece of WWII history with a wide appeal.
- Van Leeuwen, Jean. *Papa and the Pioneer Quilt*. Penguin, 2007. 32 p. (978-0803730281) As her family travels by wagon train to Oregon, a young girl gathers scraps of cloth so that she can make a quilt.
- Woodson, Jacqueline. *Show Way*. Putnam, 2005. 48 p. (978-0399237492) About the making of "Show ways," the quilts that once served as secret maps for freedom-seeking slaves. Newbery Honor Book.
- Zafon, Carlos Ruis. *The Shadow of the Wind*. Penguin, 2004. 484 p. (978-1594200106) A boy named Daniel selects a novel from a library of rare books, enjoying it so much that he searches for the rest of the author's works, only to discover that someone is destroying every book the author has ever written.

Nonfiction

- Adams, John, and Abigail Adams. *My Dearest Friend: Letters of Abigail and John Adams*. Belknap Press of Harvard University, 2007. 580 p. (978-0674026063) A comprehensive edition of the letters.
- Barrett, Jayme. *Feng Shui Your Life*. Sterling, 2003. 272 p. (978-0806976297) Shows how to adapt feng shui principles to any room.
- Brazelton, Bev. *Altered Books Workshop*. North Light Books, 2004. 128 p. (978-

1581805352, pap.) Eighteen ideas with variations of crafting altered books using collage, stamping, journaling, scrapbooking, etc. Step-by-step directions.

- Cassell, Jay, ed. ***The Best Hunting Stories Ever Told***. Skyhorse Publishing, 2010. 576 p. (978-1616080570, pap.) From Theodore Roosevelt and Gene Hill to Rick Bass and Charles Dickens, remember classic hunting tales and discover new stories of hunters' luck, camaraderie, and use of smarts on the trail.
- Christiansen, Betty. ***Knitting for Peace: Make the World a Better Place One Stitch at a Time***. Stewart, Tabori and Chang, 2006. 132 p. (978-1584795339) A book that celebrates the long heritage of knitting for others. It tells the stories of 28 contemporary knitting-for-peace endeavors, and features patterns for easy-to-knit charity projects such as hats, socks, blankets, and bears. This inspiring book also includes everything readers need to know to start their own knitting-for-peace groups.
- Christopher, Nicholas. ***Somewhere in the Night: Film Noir and the American City***. Counterpoint, 2006. 304 p. (978-1593760977, pap.) Christopher explores the cultural identity of film noir in a seamless, elegant, and enchanting work of literary prose.
- Cookman, Scott. ***The Great American Camping Cookbook***. Clarkson Potter, 2007. 288 p. (978-0767923088, pap.) Camping lore and a variety of main meals and side dishes using simple ingredients.
- Dickinson, Terence. ***Nightwatch: A Practical Guide to Viewing the Universe***. Firefly Books, 2006. 4th ed. 192 p. (978-1554071470, spiral bound) With up-to-date information on planet positions, alignments, and conjunctions, this edition also offers new illustrations, expansion to the Southern Hemisphere sky (including sky charts), tips on night sky photography, and more.
- Edlund, Matthew. ***The Power of Rest: Why Sleep Alone Is Not Enough. A 30-Day Plan to Reset Your Body***. HarperOne, 2011. 288 p. (978-0061862779, pap.) Explains the importance of sleep and rest in every person's life and lays out a month-long plan to get readers on the right track to a rested regimen that will lead to better overall health.
- Ellis, Melissa Martin. ***The Everything Ghost Hunting Book: Tips, Tools, and Techniques for Exploring the Supernatural World***. Adams Media, 2009. 304 p. (978-1598699203, pap.) Takes readers on a journey into the supernatural world of haunted sites, restless souls, and messages from beyond the grave.
- Epstein, Lawrence and Steve Mardon. ***The Harvard Medical School Guide to a Good Night's Sleep***. McGraw-Hill, 2006. 272 p. (978-0071467438, pap.) The author reveals his proven, six-step plan to improve your sleep and presents tips for dealing with issues such as insomnia, disrupted sleep, daytime exhaustion, restlessness, sleepwalking, and other chronic sleep conditions.

- Ferrell, Robert H. ed. ***Dear Bess: The Letters from Harry to Bess Truman, 1910-1959***. University of Missouri, 1998. 608 p. (978-0826212030, pap.) A collection of more than 600 letters that Harry S. Truman wrote to his beloved wife, Bess, from 1910 to 1959, this extraordinary book provides an inside look at Truman's life, his thoughts, and his dreams.
- Gup, Ted. ***A Secret Gift: How One Man's Kindness--and a Trove of Letters-- Revealed the Hidden History of the Great Depression***. Penguin, 2010. 368 p. (978-1594202704) An inspiring account of America at its worst—and Americans at their best—woven from the stories of Depression-era families who were helped by gifts from the author's generous and secretive grandfather.
- Hawes, Jason, Grant Wilson and Michael Jan Friedman. ***Ghost Hunting: True Stories of Unexplained Phenomena from The Atlantic Paranormal Society***. Gallery, 2007. 288 p. (978-1416541134, pap.) The subjects of the Sci Fi channel's Ghost Hunters recount many of their experiences.
- Hemingway, Ernest. ***Hemingway on Hunting***. Scribner, 2003. 336 p. (978-0743225298, pap.) A collection of short stories, magazine pieces, and excerpts from Hemingway's novels. A companion to *Hemingway on Fishing* (978-0743219181, pap.).
- Hines, Anna Grossnickle. ***Peaceful Pieces: Poems and Quilts about Peace***. Henry Holt & Company, 2011. 32 p. (978-0805089967) A collection of children's poems illustrated by beautiful handmade quilts, in which the author explores peace in all its various and sometimes surprising forms.
- Karkoschka, E. ***The Observer's Sky Atlas: With 50 Star Charts Covering the Entire Sky***. Springer, 2007. 3rd ed. 165 p. (978-0387485379, pap.). Contains star charts and information for all those who observe the night sky with unaided eyes, with binoculars, or with small telescopes, and also for those who just wish to look at constellations and interesting objects.
- Kralik, John. ***365 Thank Yous: The Year a Simple Act of Daily Gratitude Changed My Life***. Hyperion, 2010. 240 p. (978-1401324056) Just when his life dreams seemed to have slipped beyond his reach, Kralik was struck by the belief that his life might become tolerable if, instead of focusing on what he didn't have, he could find a way to be grateful for what he had.
- Krause, Dorothy Simpson. ***Book + Art: Handcrafting Artists' Books***. North Light Books, 2009. 144 p. (978-1600611544, pap.) Guides the reader through a wide variety of binding techniques and structure styles and a variety of mixed-media applications to create various works of art. Step-by-step photos and complete instructions will guide you through each binding technique.
- Kulibert, Brenda K. ***Campground Cookery***. Paradise Cay Publications, 2007. 4th ed. 200 p. (978-0939837748, pap.) Provides instructions for a variety of outdoor cooking methods along with more than two hundred recipes.

- Leendertz, Lisa. ***The Twilight Garden: Creating a Garden That Entrances by Day and Comes Alive at Night***. Ball Publishing, 2011. 208 p. (978-1569765296) This book includes chapters on night-scented and night-blooming plants, gentle mood lighting, water features, enclosures, and the use of color and sound to attract wildlife.
- Litoff, Judy Barrett. ***Since You Went Away: World War II Letters from American Women on the Home Front***. University Press of Kansas, 1995. 310 p. (978-0700607143, pap.) A fascinating portrait of America during World War II, based on women's letters from the home front. *Since You Went Away* is drawn from the authors' collection of more than 25,000 letters by American women of all backgrounds and ages from all over the U.S.
- Loewer, Peter. ***The Evening Garden: Flowers and Fragrance from Dusk Till Dawn***. Timber Press, 2002. 272 p. (978-0881925326, pap.) Chapters dedicated to night-blooming daylilies, evening primroses, and other nocturnal wildflowers; water gardens of the evening, moonlight gardens, fireflies, and glowworms, with quotes from past botanical writings. The elegant text is graced with 160 beautiful line drawings.
- Long, Jim. ***Making Herbal Dream Pillows: Secret Blends for Pleasant Dreams***. Storey Publishing, 1998. 64 p. (978-1580170758) This book offers step-by-step instructions for creating herbal-scented pillows for custom-made dreams.
- Michaels, Leigh. ***On Writing Romance: How to Craft a Novel That Sells***. Writers Digest Books, 2007. 272 p. (978-1582974361, pap.) Award-winning romance novelist Leigh Michaels walks you through each stage of the writing and publishing process.
- Miller, Richard. ***Yoga Nidra: A Meditative Practice for Deep Relaxation and Healing***. Sounds True, 2010. (978-1591797586, pap.) This book and CD set offers a complete program for spiritual awakening through deep relaxation.
- Muller, Eddie. ***Dark City: The Lost World of Film Noir***. St. Martin's Griffin, 1998. 208 p. (978-0312180768, pap.) Author Muller takes you on a spellbinding trip through treacherous terrain: Hollywood in the post-World War II years, when art, politics, scandal, style—and brilliant craftsmanship—produced a new approach to moviemaking, and a new type of cultural mythology.
- Nhat Hanh, Thich. ***The Long Road Turns to Joy: A Guide to Walking Meditation***. Parallax Press, 1996. Rev. ed. (978-0938077831, pap.) A Buddhist monk describes the spiritual benefits afforded by walking mindfully.
- Parrado, Nando. ***Miracle in the Andes: 72 Days on the Mountain and My Long Trek Home***. Broadway, 2007. 304 p. (978-1400097692, pap.) Parrado's survival story of the 1972 plane crash in the Andes that carried the Uruguayan rugby team and supporters.
- Ralston, Aron. ***Between a Rock and a Hard Place***. Atria Books, 2005. 354 p. One of the most extraordinary survival stories ever told—Aron Ralston's searing

account of his six days trapped in one of the most remote spots in America, and how one inspired act of bravery brought him home. The film *127 Hours* was based on this story.

- Reagan, Nancy. ***I Love You, Ronnie: The Letters of Ronald Reagan to Nancy Reagan***. Random House, 2002. 224 p. (978-0375760518, pap.) Letters and reflections, the characters, personalities, and private lives of a president and his first lady are revealed. Nancy Reagan comments on the letters and writes with love and insight about her husband and the many phases of their life together.
- Reardon, Joan. ***As Always, Julia: The Letters of Julia Child and Avis DeVoto***. Houghton Mifflin, 2010. 432 p. (978-0547417714) More than 200 letters exchanged between Julia and Avis DeVoto, her friend and unofficial literary agent. This collection opens the window on Julia's deepest thoughts and feelings.
- Roorbach, Bill, and Kristen Keckler. ***Writing Life Stories: How to Make Memories into Memoirs, Ideas into Essays and Life into Literature***. Writers Digest Books, 2008. 2nd ed. 304 p. (978-1582975276, pap.) This updated 10th anniversary edition gives readers the same friendly instruction and stimulating exercises along with updated information on current memoir writing trends, ethics, Internet research, and even marketing ideas.
- Schultz, Mercedes. ***The Essential Guide to Bedroom Decorating***. Amazon Digital Services, Kindle e-book, 2011. Includes bedroom makeover ideas, soothing paints, layout ideas, and decorating tips.
- Selsberg, Andy. ***Dear Old Love: Anonymous Notes to Former Crushes, Sweethearts, Husbands, Wives, & Ones That Got Away***. Workman Publishing, 2009. 180 p. (978-0761156055) A collection of anonymous love notes to the ones who got away—or were left behind.
- Shapiro, Bill. ***Other People's Love Letters: 150 Letters You Were Never Meant to See***. Clarkson Potter, 2007. 192 p. (978-0307382641) This collection offers insight into love and relationships through letters that are written by an astonishing cross-section of people, and appear exactly as they had been written, providing an uncensored look at modern love's most unguarded moments.
- Simpson, Joe. ***Touching the Void***. Harper Perennial, 2004. Rev. ed. 218 p. (978-0060730550, pap.) Simpson relates his nearly fatal adventures mountaineering in the Andes, harrowing adventures that included a fall into a crevasse, broken limbs, and return to safety.
- Sinnott, Roger W. ***Sky & Telescope's Pocket Sky Atlas***. Sky Publishing, 2006. 110 p. (978-1931559317, spiral bound) Adult. A handy sky atlas.
- Skinner, Michele. ***Your Words, Your Story: Add Meaningful Journaling to Your Layouts***. Memory Makers, 2008. 128 p. (978-1599630274, pap.) Skinner guides readers through the writing process by providing examples of various forms of journaling that go beyond the simple quote or heavily embellished paragraph that can overshadow a scrapbook page's story. Over 100 layouts provide great

design ideas.

- Smith, Larry, and Rachel Fershleiser. ***It All Changed in an Instant: More Six-Word Memoirs by Writers Famous & Obscure***. Harper Perennial, 2010. 272 p. (978-0061719431, pap.) Short, pithy memoirs from celebrities and unpublished writers.
- Smith, Patti. ***Just Kids***. Ecco, 2010. 304 p. (978-0066211312) Singer-songwriter Patti Smith shares tales of New York City: the denizens of Max's Kansas City, the Hotel Chelsea, Scribner's, Brentano's and Strand bookstores, and her new life in Brooklyn with a young man named Robert Mapplethorpe—the man who changed her life with his love, friendship, and genius.
- Steinbeck, John. ***Travels with Charley***. Penguin, 2002. 224 p. (978-0142000700, pap.) The author's account of his 1960 road trip with his French poodle, Charley, in a custom-built camper he named Rosinante after Don Quixote's steed. Their varied experiences comprise several slices of small-town back-roads Americana.
- Thompson, Jason. ***Playing with Books: The Art of Upcycling, Deconstructing, and Reimagining the Book***. Quarry Books, 2010. 180 p. (978-1592536009, pap.) This book offers techniques and step-by-step projects that deconstruct and rebuild books and their parts into unique, upcycled objects.
- Thompson, Kalee. ***Deadliest Sea: The Untold Story Behind the Greatest Rescue in Coast Guard History***. William Morrow & Co., 2010. 320 p. (978-0061766299) This book recounts the harrowing stories of both the rescuers and the rescued, and investigates the negligence that leads to the sinking of dozens of ships each year.
- Underwood, Lamar, ed. ***Classic Hunting Stories***. Lyons Press, 2003. 400 p. (978-1592280575, pap.) A collection of 20 hunting stories from Alaska to the African savannah.
- Underwood, Lamar, ed. ***The Greatest Fishing Stories Ever Told: Twenty-Eight Unforgettable Fishing Tales***. Lyons Press, 2004. 288 p. (978-1592284108, pap.) An anthology of fishing stories, personal memories of catching bass, trout, bluefish, marlin, tuna, and more.
- Wainger, Leslie. ***Writing a Romance Novel For Dummies***. For Dummies, 2004. 384 p. (978-0764525544, pap.) Step-by-step guide to writing and publishing a romance novel.
- Walsh, Courtney. ***The Busy Scrapper: Making the Most of Your Scrapbooking Time***. Memory Makers, 2008. 128 p. (978-1599630298) Learn valuable time-saving techniques such as: buying only what you need, organizing to keep supplies and photos handy, using time-saving tools, scrapping with page kits, changing your favorite layout designs and much more!
- Wiesel, Elie. ***Night***. Hill and Wang, 2004, rev. ed. 144 p. (978-0374399979) A chronicle of the holocaust through the eyes of a 14-year-old Hungarian Jew who

survived Birkenau, Auschwitz, Buna, and Buchenwald.

- Williams, Mark, Danny Penman and Jon Kabat-Zinn. ***Mindfulness: A Practical Guide to Finding Peace in a Frantic World***. Rodale Press, 2011. 256 p. (978-1609611989) Based on the techniques of Mindfulness-Based Cognitive Therapy, the book offers simple and straightforward forms of mindfulness meditation that can be done by anyone.
- Zinsser, William. ***Inventing the Truth: The Art and Craft of Memoir***. Mariner Books, 1998. 240 p. (978-0395901502, pap.) Nine distinguished authors reflect on writing.

Nonprint

Audio CD

- Naiman, Rubin. ***The Yoga of Sleep: Sacred and Scientific Practices to Heal Sleeplessness***. Sounds True, 2010. (978-1591799184)
A two-CD self-teaching course.

Video/DVD

- ***The Big Sleep***. Warner Brothers, 1946. 114 minutes. Not Rated. Humphrey Bogart stars as Philip Marlowe, Raymond Chandler's tough, cynical, but charming private eye. Marlowe investigates the gambling debts of the wealthy General Sternwood's younger daughter and is plunged into a world of blackmail, deception, and violence. Lauren Bacall is the general's older daughter and the sparks fly between her and Bogie in a classic duo performance. Black and white.
- ***The Cove***. Lion's Gate Entertainment, 2009. 96 minutes. Rated PG-13. In a sleepy lagoon off the coast of Japan is a highly guarded secret. During the night, Taiji fishermen engage in an unseen hunt for thousands of dolphins. The work is so horrifying, the fishermen will stop at nothing to keep it hidden from the outside world. When a team of elite activists, filmmakers, and free-divers embark on a secret mission to penetrate their cover, the shocking discoveries they find there are just the tip of the iceberg.
- ***Double Indemnity***. Universal Pictures, 1944. 107 minutes. Not rated. Walter Neff (Fred MacMurray), an insurance agent, and Phyllis Dietrichson (Barbara Stanwyck), a greedy blonde bombshell, plot to bump off Phyllis' husband and collect the premiums. Leaving behind the standard New York setting of lower-class crime, this definitive film noir of the '40s takes place in a California of shady streets, supermarkets, and stucco houses.
- ***Ghost Hunters, Seasons 1-5***. Image Entertainment, 2011. 4,993 minutes. Not rated. Jason and Grant are plumbers by day, and at night they are busy running The Atlantic Paranormal Society (TAPS), an organization of volunteer paranormal researchers—ordinary people who investigate and attempt to

debunk claims of otherworldly activity.

- ***Key Largo***. Warner Brothers, 1948. 101 minutes. Not rated. The tough, unyielding Edward G. Robinson; the cynical, disillusioned Humphrey Bogart; and the acid-tongued but loyal Lauren Bacall are unquestionably three of the silver screen's most memorable actors created. Frank McCloud (Bogart) travels to an island in the Florida Keys to visit the widow of a war buddy. At the hotel where he stays, he meets crass gangster Johnny Rocco (Robinson), who has taken over the hotel. Black and white.
- ***Paranormal State, Season 1***. A&E Home Video, 2008. 460 minutes. Not rated. This series follows the dramatic life of Penn State University student Ryan Buell and the other members of the Paranormal Research Society (PRS) as they seek to find the truth behind terrifying real life mysteries.
- ***A River Runs Through It***. Columbia, 2005. 123 minutes. Rated PG. Based on the true story of two brothers, Norman and Paul Maclean, growing up in Montana. While Paul rebels against the stern nature of the boys' father Rev. Maclean, Norman pursues his dream of becoming a writer. However, despite the brothers' differences they are ultimately bonded by their mutual love of fly-fishing.
- ***Shadow of a Doubt***. Universal Pictures, 1943. 108 minutes. Rated PG. In this film noir thriller directed by Alfred Hitchcock, a young woman suspects her beloved uncle of being a serial killer.
- ***Strangers on a Train***. Warner Brothers, 1951. 101 minutes. Hitchcock's favorite "doubles" theme is thoroughly explored in this story of two men who meet on a train and whose destinies become forever linked. Bruno and Guy both want someone dead. Bruno proposes that they exchange murders to eliminate motive and suspicion. The two become trapped in a web of guilty secrets that can only be escaped by death. Black and white.
- ***Stress Relief Yoga for Beginners***. Gaiam, 2008. (DVD) 65 minutes. Features a series of poses designed to help the viewer regulate breathing and soothe frayed nerves.

Web Resources

- ***8 Famous Beds and Bedrooms***. www.duvetandpillowwarehouse.co.uk/blog/2010/05/8-famous-beds-and-bedrooms. Offers eight pictures of famous bedrooms including Jackie Kennedy's, John and Yoko Ono's, Winston Churchill's, and others.
- ***100ScopeNotes***. <http://100scopenotes.com/2010/03/12/poetry-friday-book-spine-poem-gallery>. Website describing the book spine poetry activity with examples.
- ***About.com: General Book Club Questions for Study and Discussion***. http://classiclit.about.com/od/bookclubs/a/aa_bcquestions.htm. This site offers basic questions to ask at a book club and links to other related sites.

- **All About Romance.** www.likesbooks.com. This website includes over 6,000 romance novel reviews, new reviews daily, reader forums, daily blog, author interviews, and industry coverage. It includes a list of the Top 100 Romance novels.
- **Arts and Crafts Techniques Used in Making Altered Books.** www.altered-book.com/arts-and-crafts.html. Many tips for making an altered book.
- **Bold Great Idea for Adult Programs: Altered Book Workshop.** www.libsuccess.org/index.php?title=Programs_for_Adults. Nice overview of a library “bookshop” on techniques for making altered books.
- **The Cozy Mystery List Blog.** www.cozy-mystery.com/blog/quilting-cozy-mysteries.html. A list of quilting mysteries.
- **Creativity Portal. Getting Started with Altered Books and Other Altered Art.** www.creativityportal.com/howto/artsandcrafts/altered.books.html.
- **The Daily Knitter.** www.dailyknitter.com/charity.php. Offers links to knitting charities, free knitting patterns, articles, knitting events, and more.
- **The Development of Post-war Literary and Cinematic Noir.** www.crimeculture.com/Contents/Film%20Noir.html. A brief essay on film noir.
- **Dried Lavender Pillow.** www.craftandfabriclinks.com/lavender_bee_farm/lavender_pillow_pattern.html. This website offers instructions for making a lavender pillow.
- **The Evening Garden.** www.gardenforever.com/pages/ArtEve.htm. Suggestions for creating a nighttime garden.
- **Film Noir.** www.filmsite.org/filmnoir.html. This site offers another essay on film noir.
- **HGTV. Feng Shui Your Bedroom.** www.hgtv.com/decorating/feng-shui-your-bedroom/page2.html. Decorating tips and photographs to help you arrange your bedroom to create a restful space.
- **How to Feng Shui Your Bedroom.** <http://fengshui.about.com/od/love/qt/perfectbedroom.htm>. Seven suggestions for creating a harmonious space in your bedroom.
- **Lavender Scented Good Night Moon Pillow.** www.abundanthealth4u.com/Lavender_Scented_Good_Night_Moon_s/217.htm. Directions for making a crescent moon shaped pillow in which to place scented oils.
- **Lit Lovers: Leading a Book Discussion.** www.litlovers.com/discussion.htm. This site offers tips for leading book discussions and questions to ask.
- **Mayo Clinic. Ten Tips for Better Sleep.** www.mayoclinic.com/health/sleep/HQ01387. Offers ten tips.
- **National Association of Rocketry.** www.nar.org. The website of the oldest and

largest sport rocketry organization in the world.

- **National Quilt Museum.** www.quiltmuseum.org/education_teacher.htm. The museum offers a one-hour-long quilting slide show to borrow.
- **National Safety Council.**
www.nsc.org/safety_road/InsuranceStateReductionPrgm/Pages/Home.aspx. Offers information on many safety topics including night driving tips.
- **National Sleep Foundation.** www.sleepfoundation.org. This is the website of the nonprofit organization supporting public education, research, and advocacy related to sleep deprivation, sleep disorders, and excessive sleepiness. Offers ten sleep tips.
- **National Society of Paranormal Investigation and Research.**
www.nationalparanormal.org/about.php. The website of a nonprofit organization of volunteers. Includes a recommended reading list.
- **The Night Garden.** www.backyard-landscaping-ideas.com/night-garden.shtml. Flowers to plant and suggestions for lighting and other ways to create an evening garden.
- **Recycle Maps, Book Jackets, Magazine Covers for Wall Covering.**
www.associatedcontent.com/article/2885736/green_spring_cleaning_and_decor_tips.html?cat=30.
- **Redimat.** www.redimat.com/products/decorative.html. A source for decorative matting.
- **The Romance Reader.** www.theromancereader.com. The latest reviews and news of romance novels. The Romance Reader also has features, columns, romance author interviews, and reader commentary. Reviews include a sensuality rating. This website also includes a "Readers Helping Readers" section and a list of romantic movies.
- **Romantic Times.** www.rtbookreviews.com/magazine/rt-magazine. Website for the popular monthly magazine that rates nearly all new titles in every romantic genre with a helpful system of stars. Also includes a searchable database of thousands of authors and in-depth reviews for most titles.
- **Sorted Books Project.**
www.ninakatchadourian.com/language/translation/sortedbooks.php. Website of the artist Nina Katchadourian who originated the sorted books project.
- **Suite 101: Writing Memoirs.** www.suite101.com/writingmemoirs. This site offers links to several articles about memoirs and writing memoirs.
- **Turn Book Covers & Dust Jackets into Art.**
www.apartmenttherapy.com/dc/book-cover-collage-art-129081. Suggestions for framing book covers to use as wall décor. Click on Etsa Sketch: Penguin Book Cover Art Project for step-by-step direction for one of the projects.
- **WikiMedia. Bedrooms in Art.**

[http://commons.wikimedia.org/wiki/Category:Bedrooms in art](http://commons.wikimedia.org/wiki/Category:Bedrooms_in_art). This site lists several bedroom scenes in art.

- ***Wool Works Resources***. www.woolworks.org/charity.html. This website lists charitable organizations that accept knit or crocheted blankets and other items and also offers several knitting patterns for afghans, throws, and other items.