TEEN PROGRAMMING: GETTING STARTED

WHAT DO TEENS WANT?

Independence!

Make sure teens have library cards, and emphasize that their borrowing histories are confidential. Show them how to navigate library resources on their own. Ask them what books they want to see in the library.

Excitement!

The primary question to keep in mind for in-person teen library programs: Is it fun? Plan active games that give teens a chance to move around and interact with each other.

Empowerment!

Give teens opportunities to grow by leading their peers, planning and executing library programs, and communicating and refining their interests.

Acceptance!

Run icebreakers and games that help teens get to know each other. Encourage acceptance of different opinions. Have a zero-tolerance policy for bullying.

ENGAGEMENT TIPS

- Teens love learning from each other. Provide opportunities for them to teach their peers.
- Consider offering prizes to teens who recruit the most friends for your programs.
- Invite college-age students to run programs or workshops.
- Solicit book recommendations from teens using short forms or bookmarks, and then share those recommendations in the teen section.
- If teens are not into a program, be flexible! Have a backup plan.
- Consider combining teen advisory board meetings with program times.
- Teens make great volunteers, especially around younger children. They can organize programs, create decorations, be book buddies, or help with social media promotion.
- Ask teens to evaluate your programs, and integrate their feedback.
- Stay on top of media and technology trends. For example, Discord is very popular with teens right now. Can you host a library discussion group on Discord?

Ideas for teen incentives:

- Coupons for library privileges, such as extra computer time or credit for library fines
- Free passes or memberships to local museums, pools, or makerspaces
- Donations of graphic novels or comic books from a local comics shop
- Notebooks or art supplies
- Gift certificates to gaming stores
- Free books (be sure to include adult choices for older teens)

INCLUSION CHECKLIST FOR LIBRARY PROGRAMS AND SERVICES

Ideally, all staff should have equity, diversity, and inclusion training. Check out Project READY and Project ENABLE (see Resources) for free online training geared to librarians and library administrators.

Always seek insight and feedback from members of the community/staff with lived experiences.

RACE/ETHNICITY

- Feature books and resources including diverse representations of race/ ethnicity. Characters should not necessarily focus on specific historical events or moments of struggle.
- Avoid materials with characters portraying the "white savior" trope or materials where BIPOC are treated as "sidekicks" or represented in offensive, clichéd ways.
- Marketing materials should feature youth from diverse backgrounds/ ethnicities without reinforcing cultural stereotypes.
- Art supplies/toys should include multiple skin tone options and representations.
- Include characteristics representing different cultures and lived experiences from BIPOC at events.
- Pay special attention to the pronunciation of names. Do not make up nicknames or shorten names to make them "easier" to remember.
- Be cognizant of the various implicit and/or unconscious biases, including affinity bias, when it comes to racial and ethnic diversity.
- Bring in presenters of all abilities that are culturally diverse.
- Think about your own racial and ethnic identity and engage in self-work before brainstorming and reviewing content for library programs.
- Create a team of colleagues to proofread ideas for content and programs through an inclusive lens.

GENDER/SEXUALITY

- Include books and resources that present a wide range of gender norms.
- Avoid programming that caters to specific gender stereotyping.
- Avoid separating groups by gender.
- Use gender-neutral language when presenting ideas and information.
- Ask program presenters/participants if they have preferred pronouns.
- Consider using gender neutral terms like "they" or "them" when referring to animal characters.
- When children present stereotypes in their own stories or in response to a question, use the moment as a learning opportunity.

ACCESSIBILITY

- Language is always evolving. Be aware of current disability language when developing content for programs/services. (See style guide from NCDJ in Resources.)
- Always ask participants/speakers/staff with disabilities if they prefer person-first (i.e., person with autism) or identity-first (autistic person) language when describing themselves, and never correct their preference.
- Always presume competence of people of all abilities.



Image source: Shutterstock

- Site should be accessible, including accessible parking, paths, restrooms, and clearly identifiable wayfinding.
- Provide programming materials in a variety of formats, in addition to print, including audio, large print, e-format (which has many accessibility options!), and high-contrast/tactile literacy.
- Include books and resources representing people with disabilities and also written by people with a lived disability experience.
- Consider providing a social narrative (or Social Story) to help people of all ages and abilities prepare for a visit or specific program that is new to them (especially helpful for the neurodivergent community, people with PTSD, and dementia).
- Provide a visual schedule during programs and allow time for processing before transitioning to the next activity.
- Avoid visual clutter (in backgrounds and printed materials).
- Dim bright lights or cover fluorescent lighting with filters and provide noise-canceling headphones in case of sensory overwhelm.
- Use a microphone when possible.
- Recorded and live virtual programs need to have captioning.
- Provide adaptive alternatives (movement or art supplies) for participants with physical disabilities.
- If possible, identify a quiet space or room with some sensory calming devices for patrons experiencing sensory overwhelm. Devices can include items for sensory seekers (e.g., fidgets, weighted lap pads) and sensory avoiders (e.g., pop-up tents, headphones).
- Avoid flashing lights, loud content, or sudden movements, or provide warning in advance.
- Provide different seating options that allow space for wheelchairs, walkers, and/or strollers.
- If providing food items, avoid items with common allergens (e.g., nuts, gluten, dairy), and list food items in advance. Provide alternatives.
- Provide concise instructions in multiple formats (i.e., visuals, demonstration, video, and written). Consider combining written with visual instructions.
- Provide verbal description of visuals, illustrations, and speakers.
- Consider providing tactile manipulatives and other sensory tools to engage the senses.
- Allow time for participants to look at you and a sign language interpreter.
- All marketing should include an accommodations statement. Also consider providing some accommodations in advance so someone does not need to make a request.

RESOURCES

Project READY: https://ready.web.unc.edu/

Project ENABLE: https://projectenable.syr.edu/

Style guide from National Center on Disability and Journalism: https://ncdj.org/style-guide/)

"Literacy for Youth with Low Vision" from Adaptive Umbrella: https://bit.ly/3tVtuUq

Social narrative resources from Libraries and Autism: We're Connected: http://librariesandautism.org/newresources.htm

"What Is a Social Story?" from Carol Gray Social Stories: https://bit.ly/3yeCF5b

"Social Story" from Deerfield Public Library: https://deerfieldlibrary.org/socialstory/

"What Is a Visual Schedule?" from Adaptive Umbrella: https://bit.ly/3QFXZaF

"Equity, Diversity, and Inclusion" from ALA: https://www.ala.org/advocacy/diversity

"Virtual Storytime Services Guide" from ALSC: https://bit.ly/3yaPygj

BEST PRACTICES: OUTREACH TO SPANISH-SPEAKING COMMUNITIES

STEP 1: RESEARCH LOCAL DEMOGRAPHICS

- The Latino community in the U.S. is young, large, and diverse. First-generation immigrants may come from any of 21 Spanish-speaking countries, not only Mexico or the Northern Triangle (Guatemala, Honduras, and El Salvador).
- Start with local schools, city and regional governments, and state data centers. American Fact Finder or the Pew Research Center are good national sources.

STEP 2: ESTABLISH A PRESENCE OUTSIDE THE LIBRARY

- Outreach is critical to building awareness of library programs.
- Consider local nonprofits, community centers, ESL classes at local churches, parks, businesses, grocery stores, restaurants owned by Spanish-speakers, daycares, health care providers, free lunch sites, etc.
- Connect with organizations already working with these communities, such as schools and health organizations. Relationship-building is key.
- Engage with city-sponsored events and parties.
- Invite partners to host events at your library for parents (and provide food).

STEP 3: IDENTIFY SERVICE GAPS

- Identify community leaders and reach out to them.
- Conduct interviews with community leaders.
- Consider setting up a Latino advisory committee that meets a few times per year.

STEP 4: ADVERTISE PROGRAMS

- Translate fliers into Spanish.
- Identify local Spanish-language media or radio stations.
- Send a Spanish-language email newsletter that features library events.
- Invite patrons to share their cultures!

STEP 5: KEEP IT GOING

- Outreach is circular, not linear. Be consistent to develop that critical element of trust.
- Word of mouth is important!
- Be patient. Relationship-building is marketing, but it is a long-term process.

Adapted from "Before Bilingual Storytime: Engaging Latino and Spanish-Speaking Families" (2016) Webinar presented by Katie Scherrer and Lauren Simon. OCLC WebJunction.

TEE<u>NS</u>

ARTS & CRAFTS PASSIVE

DONUTS AND ART: A PERFECT PAIR

AGES

Tweens 9–12 Teens 13–18

PROGRAM DESCRIPTION

Donuts and art make a perfect pair! This art project mashes the works of Vassily Kandinsky (specifically Color Study, Squares with Concentric Circles) and Wayne Theibauld (specifically Cakes) to create an artfully arranged wall of donuts. Every participant paints their own donut on canvas or paper; when arranged together, the pieces become a work of friendship and collaboration. To emphasize friendship, pair up participants and ask them to make two donut paintings that complement each other in some way (color, form, layout, style, etc.). Registration recommended. Suggested runtime: 60–90 minutes.

MATERIALS AND PREPARATION

Materials:

- Canvas (one per participant)
- Acrylic paints and paint brushes
- Tablecloths, paper towels, cups, and water
- Donuts for snacking (optional)

Before painting, give a brief art history lesson on the works of Vassily Kandinsky and Wayne Theibauld. Guide the discussion by asking questions: What colors do you see? How do the paintings make you feel? Do you think these paintings could be paired together? Do they represent a theme?

Explain that you will be working together to create a giant wall of donuts. After the paintings have dried, hang them up. Be sure to share examples for those who would rather copy a donut design than come up with their own.

UNIQUE SPACE AND/OR PERSONNEL NEEDS

Solo-librarian friendly. In-person programs may require a microwave (for Rice Krispy treats).

ADAPTATION:

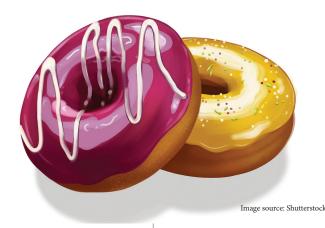
For a passive program that can be aged down, provide donut coloring sheets. Turn the finished pages into a donut wall quilt that grows over the summer.

TIP:

For more famous artistinspired projects, see ideas from the Art with Jenny K. blog here: https://bit.ly/3NN79QX

TIP:

You can also include a lesson on color mixing! Consider reaching out to local artists to help run this program.



TWEENS TEENS

ARTS & CRAFTS PASSIVE

RESOURCES

Web

"Wassily Kandinsky" from The Art Story: https://bit.ly/3MD1nQt "Wayne Thiebaud" from The Art Story: https://bit.ly/3ttBVq0

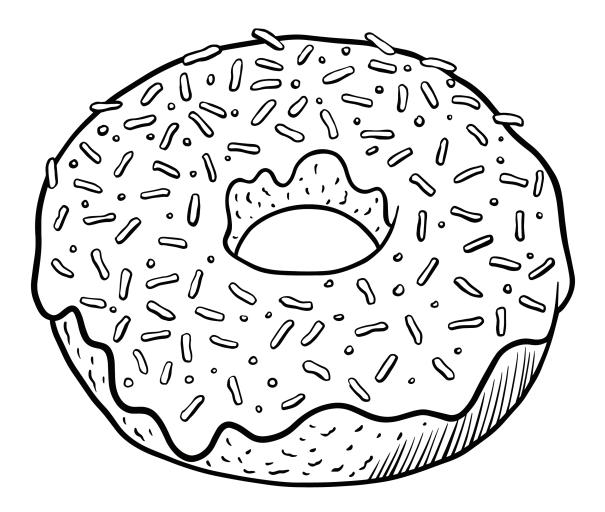
Books

Donut Fiction Donut the Destroyer (2020) by Sarah Graley and Stef Purenins (middle grade) Donuts and Other Proclamations of Love (2021) by Jared Reck (YA) The Doughnut Fix (2018) by Jessie Janowitz (middle grade) The Doughnut King (2019) by Jessie Janowitz (middle grade) <u>Nonfiction</u>

The Art of Graphic Communication (2019) by W.L. Kitts (YA) Art Matters (2018) by Neil Gaiman (YA) Delicious Metropolis: The Desserts and Urban Scenes of Wayne Thiebaud (2019) by Wayne Thiebaud (adult) The Life and Art of Wassily Kandinsky (2016) by Adam Simpson (YA)

Printables

Donut Coloring Page



GAME/ACTIVITY OUTDOORS STEM

GAME ON: COLLABORATION AND COMMUNICATION

TEENS

AGES

Tweens 9–12 Teens 13–18

PROGRAM DESCRIPTION

We have all heard the saying "Teamwork makes dreams work," but how can we effectively illustrate this concept for tweens or teens? With games! This program challenges teens and teens to work together, build on each other's strengths, and communicate effectively to win *Survivor-style* challenges. Run the games below, or come up with your own. Registration is helpful for knowing how many materials to have on hand. Suggested runtime: 45 minutes.

MATERIALS AND PREPARATION

Helium Stick

Materials:

• PVC pipe (one per team)

To play: Teams must lower a PVC pipe to the ground using only their fingers. The pipe must lie on top of the players' fingers and remain touching the entire time. Teams must start over if any player's finger is not touching the pipe. The first team to lower the pipe wins.

Tennis Ball Transfer

Materials:

- Tennis balls (one per team)
- Cups big enough to fit a tennis ball (one per team)
- Washers (one per team)
- String (one piece tied to the washer for each team member)

To play: Teams race to the location of the tennis balls and washers. Once all team members arrive, they transport their tennis ball on top of the washer using the strings attached to the washer. If the ball drops, they must start over. The first team to transport the tennis ball into the cup wins.

TIP:

Not everyone needs to participate in each game; as long as everyone gets to play at least one, teams can swap out players based on their skill sets.

TIP:

Divide teams by having them draw colors.

TIP:

For a similar activity that can be run as an icebreaker, see the Team Machine program on page 97.

TIP:

More about the helium stick game on Teampedia: https://bit. ly/3QdTcx2

TWEENS TEENS

GAME/ACTIVITY OUTDOORS STEM

Blindfolded Puzzle

Materials:

- Blindfolds (one per team)
- Colored bags
- Puzzle pieces for a whole puzzle (one per team)

To play: One player from each team is blindfolded and another directs the blindfolded player to gather the correct colored pages. Once all bags have been collected, the whole team opens the bags, pulls out the pieces, and solves the puzzle. The first team to solve the puzzle wins.

Tower of Balloons

Materials:

- A bag of balloons
- Masking tape
- Measuring tape

To play: Teams have 15 minutes to build the tallest tower of balloons. The balloons can be taped to one another but not to the ground. The team with the tallest tower wins.

Listen Well

Materials:

- White board and dry-erase markers
- Picture books, nursery rhymes, or short stories

To play: Players listen to a story. Afterwards, they answer multiple choice questions about that story. The team with the most correct answers wins.

UNIQUE SPACE AND/OR PERSONNEL NEEDS

Solo-librarian friendly. Large space required. An additional staff member or volunteer for set-up or judging would be helpful.



Image source: Shutterstock

TIP:

Buy latex-free balloons, or be sure to provide a latex allergy warning.

TIP:

For friendship fiction, see the Friendship Fiction Book List on page 44.

ARTS & CRAFTS

BASQUIAT JOURNAL COVERS

AGES

Teens 13–18

PROGRAM DESCRIPTION

Teens reimagine book covers inspired by the American artist Jean-Michel Basquiat. Pair up participants and ask them to share cover image(s) of their favorite book with their partner/friend, who will then reimagine a new cover à la Basquiat! While they work, they can chat about their favorite books.

Basquiat was a Brooklyn-based artist of Haitian/Puerto Rican descent; he was fluent in Spanish, English, and French by age 11, and an avid reader. Consider running this as a bilingual program both to inspire language-learners and attract Spanish-speaking patrons. Suggested runtime: 60–90 minutes.

MATERIALS AND PREPARATION

Materials:

- White pastel paper (thick)
- Tissue paper
- Crayon pastels
- Glue sticks
- Napkins or paper towels, and water

Ask teens to look up the cover(s) of their favorite book, and to think of some words to describe that book. Alternatively, ask teens to bring their favorite book from home. Show some examples of Basquiat's work (and your own examples) before starting the art project.

Steps:

- Glue pieces of tissue paper onto white pastel paper.
- Wet a piece of paper towel to rub over the tissue paper.
- Let the tissue paper dry.
- Draw over the tissue paper with crayon pastels. Leave space for words (optional).
- When finished drawing, write the book title and author, and any descriptive words.

ADAPTATION:

This program could also be followed by a book-making program in which teens make their own journals with Basquiat-inspired covers.

ADAPTATION:

Basquiat's art style would also make a good prompt for the Field Guide to Your Life program on page 66. Instead of book covers, teens make Basquiatstyle collages for their field guides.

TIP:

Be sure to show images of Basquiat's original work and make project examples.

TIP:

For more contrast, use light colored pastels on dark tissue paper, or use dark pastels on light tissue paper.

ARTS & CRAFTS

• Put a symbol next your signature and sign your piece (optional).

RESOURCES

Web

"Jean-Michel Basquiat" from Brittanica: https://bit.ly/302BSck "Jean-Michel Basquiat Art History Workbook" from Teachers Pay Teachers: https://bit.ly/3xo2hec

Nonfiction on Jean-Michel Basquiat

Basquiat: Art Masters Series (2019) by Søren Glosimodt Mosdal and Julian Volij (graphic novel) Jean-Michel Basquiat, 40th Edition (2020) by Eleanor Nairne and edited by Hans Werner-Holzwarth Life Doesn't Frighten Me, 25th Anniversay Ed. (2018) by Maya Angelou and Jean-Michel Basquiat, and edited by Sara Jane Boyers (picture book)

The Life of/La Vida de Jean-Michel Basquiat (2021) by Patty Rodrigues and Ariana Stein, and illustrated by Citlali Reyes (picture book)

Radiant Child: The Story of Young Artist Jean-Michel Basquiat (2016) by Javanka Steptoe (picture book)

GAME/ACTIVITY

TRIVIA NIGHT: FRIENDS

AGES

Teens 13–18

PROGRAM DESCRIPTION

What do your teens know about friends in books, movies, and television shows? Challenge teens to a friends-themed trivia night! If you hold this virtually, require registration. If you hold it in person, divide participants into teams and name someone to read the questions. Consider asking teens to make up trivia for each other! They are more up on the current memes and TV shows than adults will ever be. Suggested runtime: 45 minutes.

MATERIALS AND PREPARATION

For Virtual Programs

Materials:

- Online platform to host the event, such as Zoom, Google Hangouts, etc.
- Online platform to host the quiz, such as Kahoot, Sli.do, Jeopardy Labs, PowerPoint, Google Slides, etc.
- Virtual prizes, such as gift certificates (optional)

For In-Person Programs

Materials:

- An online platform to host the quiz, or printed questions
- Buzzers and prizes (optional)

UNIQUE SPACE AND/OR PERSONNEL NEEDS

Solo-librarian friendly.

RESOURCES

Web

Tips for remote trivia on Zoom from Springworks: https://bit.ly/306Sq2X Tips for trivia nights [27 min] from Rob Phelan on YouTube: https://bit.ly/3QajQah

Printables

Friends Trivia Challenge



Image source: Shutterstock

TIP:

When gathering quiz questions, be sure consider your audience. Many trivia questions are based on white American pop culture from the past 10–50 years; they may not be inclusive of teens who are New Americans. Pop culture from the past 0–5 years is slightly more inclusive.

TIP:

Remember a display of buddy books and movies!

TIP:

For fans of the show Friends, consider the book Generation Friends (2019) by Saul Austerlitz.

TIP:

For accessibility, be sure to provide captioning for virtual events (this is a free option on all Zoom accounts).

TIP:

Read questions slowly and leave plenty of time for teens to think about their responses.

TIP:

For friendship fiction, see the Friendship Fiction Book List on page 44.

FRIENDS TRIVIA CHALLENGE

CATEGORY ONE: FRIENDS IN LITERATURE

This bestie yells to his friend, "I can't carry it for you, but I can carry you and it as well." **Samewise Gamgee**

Because of her extensive vocabulary and knowledge of the written word, this clever friend saves the life of another numerous times. **Charlotte**

The last we ever see of this comedic dynamic duo is sledding down a snowy hill. Calvin and Hobbes

How can one pair of secondhand pants fit Lena, Tibby, Carmen, and Bridget? Read about these magical pants in... **The Sisterhood of the Traveling Pants**

When this trio sticks together anything is possible, including taking down the Dark Lord. **Harry, Ron, Hermione**

Nick Carraway is completely enamored with this enigmatic neighbor and friend. Jay Gatsby

What?! There's a YA love triangle in this book about games and hunger. The Hunger Games

Is it friendship or is it something more? Bella has a hard time answering this question whenever she was around this werewolf. **Jacob**

"'Silly old bear, I won't ever forget about you,' said Christopher Robin" to this best friend. Winnie the Pooh

In this childhood classic, a golden ticket seals the relationship between grandfather and grandson. **Charlie and the Chocolate Factory**

CATEGORY ONE: FRIENDS IN LITERATURE

This show centers around the lives of six friends in New York City. Friends

Blanche, Dorothy, Rose, and Sophia are living their golden years together as friends. Golden Girls

This television series featuring six high school students was originally called When the Bell Rings. **Saved by the Bell**

How is it possible that a bunch of toddlers can go on so many adventures without their parents' knowledge? **Rugrats**

Put on your thinking cap if you want to hang out with the brilliant friends. The Big Bang Theory

Don't forget your jellyfish net when hanging out with these two. Spongebob and Patrick

Shawn and Gus co-own a detective agency where "psychic powers" come in handy. Psych

Where would a boy be without his heroic dog in this television show? Lassie

Though you may get into trouble with Principal Skinner, these two friends will always be by your side. **Bart and Milhouse**

This television show features one of the main characters turning himself into a pickle. **Rick and Morty** So no one told you life was gonna be this way

CATEGORY THREE: FINISH THE LYRICS

Your job's a joke, you're broke Your love life's DOA It's like you're always stuck in second gear When it hasn't been your day, your week, your month Or even your year, but I'll be there for you "I'll be There for You" by The Rembrandts

When the road looks rough ahead And you're miles and miles From your nice warm bed You just remember what your old pal said Boy, you've got a friend in me Yeah, you've got a friend in me "You've Got a Friend in Me" by Randy Newman

What would you think if I sang out of tune Would you stand up and walk out on me? Lend me your ears and I'll sing you a song And I'll try not to sing out of key **Oh I get by with a little help from my friends**

"With a Little Help from My Friends" by The Beatles

Lean on me When you're not strong And I'll be your friend I'll help you carry on... "Lean on Me" by Bill Withers

Oh, you're the best friend that I ever had I've been with you such a long time You're my sunshine and I want you to know That my feelings are true I really love you

Oh, you're my best friend

"You're My Best Friend" by Queen As we go on, we remember All the times we had together And as our lives change, come whatever **We will still be friends forever** "Graduation (Friends Forever)" by Vitamin C

You just call out my name And you know, wherever I am I'll come runnin', runnin', yeah, yeah To see you again Winter, spring, summer or fall All you have to do is call And I'll be there, yes, I will **You've got a friend**

"You've Got a Friend" by Carole King

You can count on me like one, two, three I'll be there And I know when I need it, I can count on you like four, three, two And you'll be there 'Cause that's what friends are supposed to do, oh, yeah "Count on Me" by Bruno Mars One day when this cheer dies down, stay hey Stay by my side For eternity, keep staying here hey

Like your tiny pinky

Longer than seven summers and cold winters Longer than numerous promises and memories...

"Friends" by BTS

CATEGORY FOUR: NAME THE MOVIE BESTIES

Could play an audio excerpt to help identify.

"hakuna matata" Timon and Pumbaa

"Excellent!" Bill and Ted

"Don't everybody thank me at once." Han Solo and Chewbacca

"Do you think people will vote for me?" Napoleon Dynamite and Pedro Sánchez

"Wait a minute, Doc. Are you telling me you built a time machine...out of a DeLorean?" **Doc Brown and** Marty McFly

"To infinity and beyond!" Buzz and Woody

"Just keep swimming. Just keep swimming, swimming, swimming. What do we do? We swim, swim." **Dory and Marlin**

"Just a spoonful of sugar helps the medicine go down in the most delightful way!" Mary Poppins and Bert

"That dude there. I need his prosthetic leg." Rocket and Groot

"Anyway, like I was sayin', shrimp is the fruit of the sea. You can barbecue it, boil it, broil it, bake it, sauté it." Forrest Gump and Benjamin Buford 'Bubba' Blue

FRIENDSHIP FICTION BOOK LIST (ALL AGES)

Tip: For more friendship picture books, see Early Literacy in Chapter 02 (page 17).

Friendship Picture Books (Children 5+)

Anemone Is Not the Enemy (2021) by Anna McGregor (F)

Boom! Bellow! Bleat!: Animal Poems for Two or More Voices (2019) by Georgia Heard and illustrated by Aaron DeWitt (F)

Dear Earth...From Your Friends in Room 5 (2020) by Erin Dealey and illustrated by Luisa Uribe

Esos zapatos / Those Shoes (2018) by Maribeth Boelts and illustrated by Noah Z. Jones (separate Spanish and English editions)

Evelyn Del Rey Is Moving Away (2020) by Meg Medina and illustrated by Sonia Sanchez (F)

Friends Stick Together (2018) by Hannah E. Harrison (F)

Harvesting Friends / Cosechando amigos (2018) by Kathleen Contreras and illustrated by Gary Undercuffler (bilingual)

Just You and Me: Remarkable Relationships in the Wild (2021) by Jennifer Ward (NF)

The Little Book of Friendship (2020) by Laurie Friedman and Zack Bush

Early Reader Friendship Fiction

Clark the Shark: Friends Forever (I Can Read Level 2) (2022) by Bruce Hale and illustrated by Guy Francis

El Toro and Friends series (2021–22) by Raúl the Third and illustrated by Elaine Bay. (graphic novel;

English with Spanish words)

Friendbots: Blink and Block Bug Each Other (2021) by Vicky Fang

A Friend for Dragon (Dragon #1) (2019) by Dav Pilkey

I Am a Good Friend (Princess Truly #4) (2021) by Kelly Greenawalt and illustrated by Amariah Rauscher

Ira Crumb Makes a Pretty Good Friend (2017) by Naseem Hrab

Jo Jo Makoons (2021) by Dawn Quigley and Tara Audibert

Lemon Bird Can Help (2022) by Paulina Ganucheau

Monster Friends (2021) by Kaeti Vandorn

Team Up: El Toro and Friends (World of ¡Vamos!) (2022) by Raúl the Third (English with Spanish words)

Tiny Tales: Shell Quest (2021) by Steph Waldo

Unicorn and Yeti series (2019–22) by Heather Ayris Burnell and illustrated by Hazel Quintanilla

Up and Down and Other Stories (Fox and Chick #4) (2022) by Sergio Ruzzier

Wednesday Wilson Gets Down to Business (2021) by Bree Galbraith and Morgan Goble

Yasmin la chef / Yasmin the Chef (2020) by Saadia Faruqi and illustrated by Hatem Aly (separate Spanish and English editions)

Middle Grade Friendship Fiction

All My Friends (Eagle Rock #3) (2022) by Hope Larson (graphic novel)

Amari and the Night Brothers (2021) by B.B. Alston

Animal Rescue Friends (Epic #6) (2021) by Gina Loveless and Meika Hashimoto, and illustrated by Genevieve Kote

The Ash House (2021) by Angharad Walke

Barakah Beats (2021) by Maleeha Siddiqui

Besties: Work it Out (2021) by Kayla Miller and Jeffrey Canino, and illustrated by Kristina Luu

Candidly Cline (2021) by Kathryn Ormsbee

Cartas de Cuba / Letters from Cuba (2021) by Ruth Behar (separate Spanish and English editions)

The Doughnut Fix (2018) by Jessie Janowitz

MULTIGENERATIONAL

The Doughnut King (2019) by Jessie Janowitz

Donut the Destroyer (2020) by Sarah Graley and Stef Purenins (graphic novel)

Eagle Rock series (2018–2022) by Hope Larson (graphic novel)

El épico fracaso de Arturo Zamora / The Epic Fail of Arturo Zamora (2020) by Pablo Cartaya (separate Spanish and English editions.)

El pez número catorce / The Fourteenth Goldfish (2018) by Jennifer L. Holm (separate Spanish and English editions)

Escape the Rooms (2021) by Stephen Mangan and illustrated by Anita Mangan

The Friendship Bracelet (2017) by Arlene Stewart

The Golden Hour (2021) by Niki Smith

Guiño / Wink (2021) by Rob Harrell (separate Spanish and English editions)

Harry Potter series (1997–2007) by J.K. Rowling

Hello, Universe (2020) by Entrada Kelly and illustrated by Isabel Roxas

Josephine Against the Sea (2021) by Shakirah Bourne

La luna está arriba / The Moon is Up (2019) by Mariko Tamaki and illustrated by Brooklyn Allen (separate Spanish and English editions)

The Last Cuentista (2021) by Donna Barba Higuera

Lety alza su voz / Lety Out Loud (2019) by Angela Cervantes (separate Spanish and English editions)

Lupe Wong no baila / Lupe Wong Won't Dance (2021) by Donna Barba Higuera (separate English and Spanish editions)

The One and Only Bob (2020) by Katherine Applegate and illustrated by Patricia Castelao

Other Words for Home (2021) by Jasmine Warga

Over the Shop (2021) by Jon Armo Lawson and Qin Leng

Root Magic (2021) by Eden Royce

Silver Meadows Summer (2020) by Emma Otheguy

Summer of Brave (2022) by Amy Noelle Parks

Undefeated: Jim Thorpe and the Carlisle Indian School Football Team (2017) by Steve Sheinkin Valentina Salazar Is Not a Monster Hunter (2022) by Zoraida Córdova

Young Adult Friendship Fiction

All My Rage (2022) by Sabaa Tahir

All Our Hidden Gifts (2021) by Caroline O'Donoghue

Baby and Solo (2021) by Lisabeth Posthuma

Clap When You Land (2020) by Elizabeth Acevedo

Darius the Great series (2019–21) by Adib Khorram

Dark and Shallow Lies (2021) by Ginny Myers Sain Donuts and Other Proclamations of Love (2021) by Jared Reck

Even If We Break (2020) by Marieke Nijkamp

The Falling Girls (2021) by Hayley Krischer

The Gilded One (2019) by Namina Forna

In the Hall with the Knife series (2019–21) by Diana Peterfreund

The Inheritance Games series (2020–22) by Jennifer Lynn Barnes

Message Not Found (2022) by Dante Medema

No somos de aquí / We Are Not From Here (2021) Jenny Torres Sánchez (separate Spanish and English editions)

Our Way Back to Always (2021) by Nina Moreno

The Perfect Escape (2020) by Suzanne Park

Scars Like Wings (2019) by Erin Stewart

Summer of Bitter and Sweet (2022) by Jen Ferugson

Truly Devious series (2018–21) by Maureen Johnson

We Are Not Free (2020) by Traci Chee

The Wild Ones (2021) by Nafiza Azad

Adult Friendship Fiction

The Brilliant Life of Eudora Honeysett (2020) by Annie Lyons

The Change (2022) by Kirsten Miller

Counterfeit (2022) by Kirsten Chen

The Forest of Stars (2021) by Heather Kassner and Iz Pitca

Happiness (2018) by Aminatta Forna Homie (2020) by Danez Smith

MULTIGENERATIONAL

I Thought You Said This Would Work (2021) by Ann Garvin

If We Were Villains (2018) by M.L. Rio

Las imperfectas / The Imperfects (2016) by Cristy Marrero (separate Spanish and English editions)

The Lies I Tell (2022) by Julie Clark

The People We Keep (2021) by Alllison Larkin

These Impossible Things (2022) by Salma El-Wardany

Rules for Visiting (2020) by Jessica Francis Kane and illustrated by Edward Carey

Serena Singh Flips the Script (2021) by Sonya Lalli

The Subtweet (2020) by Vivek Shraya

Wahala (2022) by Nikki May

T<u>EENS</u>

ARTS & CRAFTS OUTREACH

ARTS FOR HEARTS

AGES

Tweens 9–12 Teens 13–18

PROGRAM DESCRIPTION

Team up with local artists or art teachers to explore different art styles! Children or teens create original pieces of art based on what they learn, and the art is placed in a show for community members to purchase. All proceeds from "Arts for Hearts" are then donated to a local hospital, senior center, assisted living community, or rehabilitation center. If you cannot partner with an organization in your area, hang the show in your library and donate proceeds to the American Heart Association (or other organization). You could also make this a two-part program with an art opening. Provide snacks and beverages, and encourage patrons to dress up for the unveiling of the artwork. Suggested runtime: 60–90 minutes.

MATERIALS AND PREPARATION

Preparation:

- Contact local artists, teachers, organizations, or galleries in your community. Once you have confirmed a workshop teacher, ask them for a supply list.
- Mount the artwork on black backgrounds so all the pieces pop. Promote the gallery launch or virtual gallery, and specify where the proceeds will be donated.

UNIQUE SPACE AND/OR PERSONNEL NEEDS

You will need a large wall space—in the library or in the community—on which to hang the finished artwork.

RESOURCES

Web

"Top 19 Famous Artists to Teach Preschoolers" (can be aged up) from Orange Easel Art: https://bit.ly/3xFHwvN "Kandinsky Inspired Heart Art" from Arty Crafty Kids: https://bit.ly/3NJLol8

Printables

Anatomical Heart Coloring Sheet Art Deco Heart Coloring Sheet

TIP:

You might also be able to partner with a local art gallery to display the show.

ADAPTATION:

Make a virtual art gallery online, and enable online purchases.

ADAPTATION:

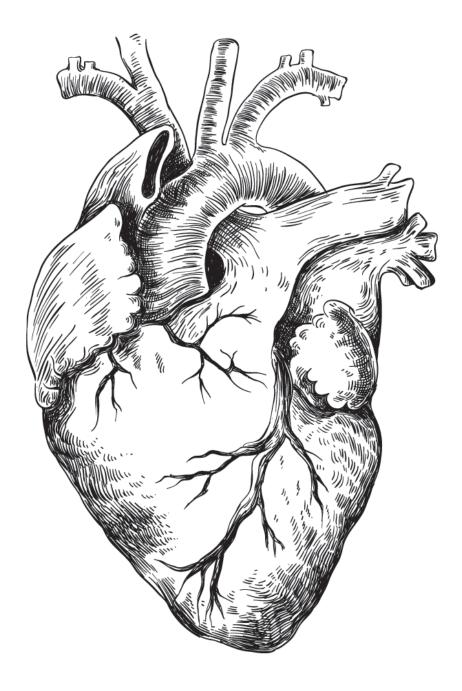
This program could also be a week-long arts camp. Participants learn a different art style every afternoon for a week.

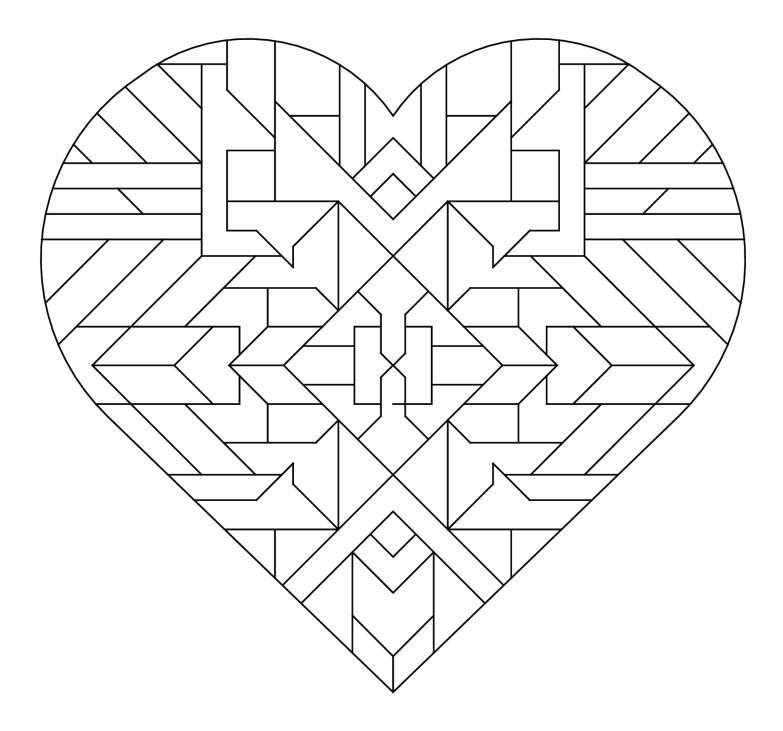
ADAPTATION:

For a passive program, provide instructions and let participants create their art at home rather than in the library.

TIP:

See also the Basquiat program for teens on page 36.





ARTS & CRAFTS GAME/ACTIVITY PASSIVE

FIELD GUIDE TO YOUR LIFE

AGES

Teens 13–18

PROGRAM DESCRIPTION

Teens often feel like nobody understands them. This program lets them showcase their lives and unique personalities by creating field guides...to themselves! Tie this program to your community by encouraging teens to include the locations of their most formative moments, as well as people who have helped them along the way. This program is best suited to a passive program or a longer series in which teens work on specific elements every week. Alternatively, send them home with kits and activities to explore on their own. Suggested runtime: 60–90 minutes.

MATERIALS AND PREPARATION

Materials to consider:

- Scrapbook paper
- Three-ring binders and folders
- Washi tape
- Cricut machine
- Printer and photo paper
- Whatever art supplies you have on hand

This program is highly customizable. If accepting digital submissions, no materials are required. If accepting paper submissions, you could distribute journals or field guide creation kits for teens to take home. Alternatively, set up a table in the teen section with supplies.

Preparation:

- Create a book list, display, LibGuide, or webpage about memoirs and how to write them, and/or traditional field guides.
- Create an instruction sheet for how to complete the field guide. The requirements can be as rigid or flexible as you like, or leave it open ended and see what you get!
- If part of a program series, choose a different prompt and specific materials for each session. Encourage teens to share their work and ideas with one another.
- Set a deadline for receiving field guide submissions. Consider a way to showcase the guides (with permission) once they are submitted, such as creating flip-through videos or holding a gallery opening at the library.

Outcomes:

- Teens will engage in self-reflection and practice expressing themselves in a multimodal format;
- Teens will be introduced to field guides and how they are used;

ADAPTATION:

For virtual field guides, consider holding a workshop on how to use a free design program (such as Inkscape, Photoscape X, Gravit, or Canva) as part of this program.

TIP:

This program could also include elements from the PLIX & CSLP: Spatial Poetry program, where teens map out their most important locations and/or rework place locations into a poem.



Image source: Shutterstock

TIP:

Consider reaching out to local artists, galleries, and schools.

TIP:

You could also kick off this program with a book-binding program where teens create their very own blank journals to house their field guides.

ARTS & CRAFTS | GAME/ACTIVITY | PASSIVE

• Teens will learn about memoirs and what the library has in the collection.

RESOURCES

Web

"Field Guides Made Easy" from Cornell Cooperative Extension: https://bit.ly/3NJut1Q

Books

<u>Middle Grade Memoirs</u> Ain't Gonna Let Nobody Turn Me 'Round (2022) by Kathlyn J. Kirkwood and illustrated by Steffi Walthall Be Prepared (2018) by Vera Brosgol (graphic novel) Hurricane: My Story of Resistance (2021) by Salvador Gómez-Colón This Is Your Time (2021) by Rube Bridges Just Pretend (2021) by Tori Sharp (graphic novel) Permanent Record (Young Reader's Edition) (2021) by Edward Snowden Someone Like Me: How One Undocumented Girl Fought for Her American Dream (2018) by Julissa Arce

YA Memoirs

All Boys Aren't Blue (2020) by George M. Johnson Almost American Girl (2020) by Robin Ha (graphic novel) Apple: Skin to the Core (2020) by Eric Gansworth Brave Face (2019) by Shaun David Hutchison It's Trevor Noah: Born a Crime (Adapted for Young Readers) (2019) by Trevor Noah Ordinary Hazards (2019) by Nikki Grimes Passport (2021) by Sophia Glock (graphic novel) Reaching for the Moon (2020) by Katherine Johnson Shout (2020) by Laurie Halse Soaring Earth (2019) by Margarita Engle

<u>YA Writers and Writing</u> Final Draft (2018) by Riley Redgate (F) Find Your Voice: A Guided Journal for Writing Your Truth (2020) by Angie Thomas (NF) Off the Record (2021) by Cameryn Garrett (F) Teen Writer's Guide (2020) by Jennifer Jenkins (NF) Write Your Own Poems (2019) by Jerome Martin (NF)

Printables

Field Guild to Your Life: Prompts (in English and Spanish)

FIELD GUIDE TO YOUR LIFE: PROMPTS

- Make a map of your life, your bedroom, or your town.
- Make a map of your bedroom or town.
- Make a graph of how you spend your time.
- List your top 10 favorite moments or places.
- List your top 10 favorite songs or musicians.
- List your top 10 favorite books or comics.
- Make a collage that represents your personal style.
- Make a collage out of found 2D objects.
- Make a collage out of items in your favorite color.
- Write yourself into the script of your favorite TV show or movie.
- If you were a superhero, who would you be? What would you do?
- Rank the games you play, from most to least favorite.
- Trace your hand and fill in the outline with poetry.
- Go for a walk around your neighborhood and record 10 observations
- Make a list of things you notice that other people do not.
- Draw a portrait of your family and your pets.
- What will your life look like in five years? Ten years?
- Draw your favorite dance moves with your eyes closed.
- If you could visit any country, where would you go and why?
- Who is your favorite teacher and why?
- Record yourself singing your favorite song.
- Make a digital mashup of your personal photos or videos.

GUÍA DE CAMPO PARA TU VIDA: INDICACIONES

- Haz un gráfico de cómo pasas tu tiempo.
- Haz una lista de tus 10 mejores momentos o lugares.
- Haz una lista de tus 10 canciones o músicos favoritos.
- Haz una lista de tus 10 libros o cómics favoritos.
- Haz un collage que represente tu estilo personal.
- Haz un collage con objetos 2D encontrados.
- Haz un collage con elementos de tu color favorito.
- Escríbete a ti mismo en el guión de tu programa de televisión o película favorita. Si fueras un superhéroe, ¿quién serías? ¿Qué harías?
- Clasifique los juegos que juega, de mayor a menor favorito.
- Traza tu mano y completa el contorno con poesía.
- Sal para caminar por tu vecindario y registra 10 observaciones
- Haz una lista de las cosas que notas que otras personas no notan.
- Dibuja un retrato de tu familia y tus mascotas.
- ¿Cómo será tu vida dentro de cinco años? ¿Diez años?
- Dibuja tus pasos de baile favoritos con los ojos cerrados.
- Si pudieras visitar cualquier país, ¿a dónde irías y por qué?
- ¿Quién es tu profesor favorito y por qué?
- Grábate cantando tu canción favorita.
- Haz un (mashup) tritura y pega digital de tus fotos o videos personales.

GAME/ACTIVITY OUTREACH

ADVOCACY ACTIVATED: TEEN ADVOCACY GROUPS

AGES

Teens 13–18

PROGRAM DESCRIPTION

If your library already has a teen advisory board, consider turning it into a teen advocacy group! In an advocacy group, teens meet to identify and discuss issues faced by their communities (or



Image source: Shutterstock

themselves, their families, or their specific neighborhoods), then work together to raise awareness and/or make positive change. Your teen advocacy group could pair with an organization or assist with a library program, such as running a summer food drive, or coordinating and assembling homeless care kits. Be sure to hold a celebration for teen advocates at the end of the summer! Suggested runtime: 60–90 minutes per meeting.

MATERIALS AND PREPARATION

Snacks are highly recommended.

UNIQUE SPACE AND/OR PERSONNEL NEEDS

Solo-librarian friendly. You will need a meeting room with chairs for in-person meetings.

RESOURCES

Web

"Teen-Led Community Dialogues" from STAR Net: https://bit.ly/3mAglXu

YA Nonfiction

How to Change Everything: The Young Human's Guide to Protecting the Planet and Each Other (2021) by Naomi Klein An Indigenous Peoples' History of the United States for Young People (2019) by Roxane Dunbar-Ortiz and adapted by Jean Mendoza and Debbie Reese The Other F Word: A Celebration of Fat and Fierce (2021) by Angie Manfredi Stamped: El racismo, el antirracismo y tú / Stamped: Racism, Antiracism, and You (2021) by Jason Reynolds and Ibram X. Kendi (separate Spanish and English editions)

Teen Guide to Volunteering (2020) by Stuart A. Kallen

TIP:

Collaborate with teachers and teacherlibrarians to recruit local high schoolers.

TIP:

Consider inviting spokespeople from community organizations to speak to your teen advocates.

TIP:

STAR Net has a wonderful resource entitled "Teen-Led Community Dialogues" (see Resources).

ADAPTATION:

For a virtual advocacy group, great a Discord server for your library. Discord allows you to create your own server and rules, and it is super popular with teens. It is also great for hosting virtual or passive teen programs, and promoting discussion.

TIP:

Connect with local homeless shelters and local chapters of groups such as Kiwanis, Lions Clubs, and Rotary.

ADULTS

MULTIGEN

Image source: Azita Frattarelli of Riverview

GAME/ACTIVITY OUTREACH

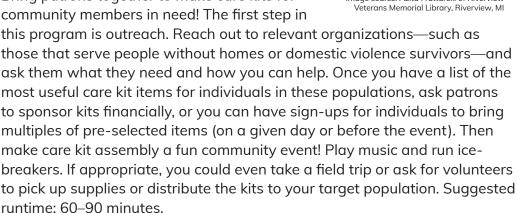
COMMUNITY CARE KITS

AGES

Teens 13-18 Adults Multigenerational

PROGRAM DESCRIPTION

Bring patrons together to make care kits for community members in need! The first step in



MATERIALS AND PREPARATION

Example care kit ideas for people without homes:

- Clothes such as socks, gloves, and hats;
- Hygiene items such as soap, shampoo, lotion, menstrual products, razors and shaving cream, tissue packs, bandages, wet wipes, toothbrushes and toothpaste, and sunscreen;
- Food and drink, such as water bottles, hydration tablets, snack packs, granola bars, dried fruit, crackers, peanut butter, and cans of food with pull tabs.
- Miscellany such as plastic bags, utensils, etc.

UNIQUE SPACE AND/OR PERSONNEL NEEDS

You will need space to collect and store donations.

RESOURCES

Web

Farm-2-Library from Southern Adirondack Library System: https://bit. ly/3aVuHog

Article on Operational Bed Roll from City of Greensboro: https://bit.ly/3NUuK20

TIP:

Consider enlisting teens to help organize and sustain recurring events.

TIP:

Consider the following: Nursing homes, hospitals, food pantries, soup kitchens, animal shelters, recovery centers, immigrant welcome centers, etc..

ADAPTATION:

Build a mini food pantry. Ask a local carpenter or craftsman to teach teens building basics; they can build the pantry together during the program. Teens can then decorate/paint the pantry, organize a food drive to fill it up, and spread the word over social media.

ADAPTATION:

Patrons make bed rolls using plastic bags and 10-mm crochet hooks. Works for children as young as 5 (who can prepare the plastic yarn).

TIP:

This is not a comprehensive list. Be sure to check in with your community organization of choice before you gather supplies.

ADULTS

MULTIGEN

GAME/ACTIVITY OUTREACH

Books on Homelessness

Abundance (2021) by Jakob Guanzon (adult F) The Bridge Home (2019) by Padma Venkatraman (middle grade F) Dear Librarian (2021) by Lydia M. Sigwarth (picture book F) Just Under the Clouds (2018) by Melissa Sarno (middle grade F) Learning to Breathe (2018) by Janice Lynn Mather (YA F) Little Family (2020) by Ishmael Beah (adult F) No Fixed Address (2018) by Susin Nielsen (middle grade F) On the Come Up (2019) by Angie Thomas (YA F) Parked (2020) by Danielle Svetcov (middle grade/YA F) Searching for Sam (2020) by Sophie Bienvenu (YA F) Shelter (2021) by Christie Matheson (middle grade F) Shelter: Homelessness in Our Community (2021) by Lois Peterson and illustrated by Taryn Gee (middle grade NF) Still a Family: A Story about Homelessness (2017) by Brenda Reeves Sturgis and Jo-Shin Lee (picture book F)

TIP:

Stand Up for Kids has 10 outreach centers across the U.S. See if one exists in your area! https://www. standupforkids.org/

ADULTS

MULTIGEN

GAME/ACTIVITY OUTREACH PASSIVE

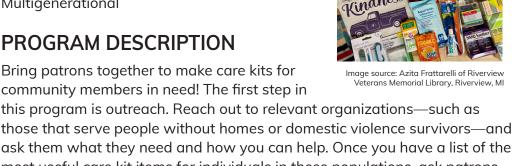
COMMUNITY CARE KITS

AGES

Teens 13-18 Adults Multigenerational

PROGRAM DESCRIPTION

Bring patrons together to make care kits for community members in need! The first step in



ask them what they need and how you can help. Once you have a list of the most useful care kit items for individuals in these populations, ask patrons to sponsor kits financially, or you can have sign-ups for individuals to bring multiples of pre-selected items (on a given day or before the event). Then make care kit assembly a fun community event! Play music and run icebreakers. If appropriate, you could even take a field trip or ask for volunteers to pick up supplies or distribute the kits to your target population. Suggested runtime: 60–90 minutes.

MATERIALS AND PREPARATION

Example care kit ideas for people without homes:

- Clothes such as socks, gloves, and hats;
- Hygiene items such as soap, shampoo, lotion, menstrual products, razors and shaving cream, tissue packs, bandages, wet wipes, toothbrushes and toothpaste, and sunscreen;
- Food and drink, such as water bottles, hydration tablets, snack packs, granola bars, dried fruit, crackers, peanut butter, and cans of food with pull tabs.
- Miscellany such as plastic bags, utensils, etc.

UNIQUE SPACE AND/OR PERSONNEL NEEDS

You will need space to collect and store donations.

RESOURCES

Web

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Article on Operational Bed Roll from City of Greensboro: https://bit.ly/3NUuK20

TIP:

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TIP:

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ADAPTATION:

Build a mini food pantry. Ask a local carpenter or craftsman to teach teens building basics; they can build the pantry together during the program. Teens can then decorate/paint the pantry, organize a food drive to fill it up, and spread the word over social media.

ADAPTATION:

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TIP:

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ADULTS

MULTIGEN

GAME/ACTIVITY OUTREACH PASSIVE

Books on Homelessness

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TIP:

Stand Up for Kids has 10 outreach centers across the U.S. See if one exists in your area! https://www. standupforkids.org/

TEENS

STEM GAME/ACTIVITY

TIKTOK DANCE CLASS

AGES

Tweens 9–12 Teens 13–18

PROGRAM DESCRIPTION

In this program, tweens or teens learn some of today's trendiest TikTok dances, then work together to brainstorm, create, film, and edit 60-second videos for the library's TikTok account. Perfect choreography is not the goal:



Image source: Shutterstock

Just have fun dancing, laughing, and creating together! This is an engaging way for tweens and teens to practice and show off their video tech skills. This is also a great program to turn into a mentorship program. Teens teach tweens dance moves to break the ice, then pair off to create TikTok videos to enter into the Teen Video Challenge on page 99. Teens/tweens could also be book buddies where teens recommend their favorite books from when they were tweens. Suggested runtime: 60–90 minutes.

MATERIALS AND PREPARATION

Materials:

- iPad(s) (ask teens to bring their own; have extras on hand)
- Ring light and tripod (optional)

Preparation: TikTok trends come and go very quickly, so keep your program description general until a few weeks before the program. As the program date approaches, browse TikTok for popular dance challenges. The best ways to find trends are to browse TikTok's "Discover" tab, follow popular hashtags, and follow other libraries. Learn a few popular dances so you can guide teens through the movements.

UNIQUE SPACE AND/OR PERSONNEL NEEDS

Teens can create TikTok videos anywhere: In your meeting room, the stacks, outside, or from the comfort of their own homes.

RESOURCES

Web

"What Makes These Librarians TikTok?" from School Library Journal: https:// bit.ly/3HrsFZ5

TIP:

Libraries have joined the TikTok craze and are using the platform to promote programs and services, share readers' advisory, give tutorials, and connect with their patrons in fun ways. Consider going live on your library's social media with book talks, book previews, and craft tutorials.

TIP:

If any tweens do not want to be on camera, give them behindthe-scenes jobs such as choreographing, recording, or editing.

ADAPTATION:

Challenge teens to reveal their reading preferences, test their '90s music knowledge, share their best book puns, review a book, or show off their TBR piles. Remind them to tag the library! Award prizes for participants, or select a random winner for a teen takeover of the library's social media for a day.

ADAPTATION:

More and more adults are joining TikTok. Consider offering a TikTok basics class for adults or encourage them to participate in TikTok challenges.

"TikTok: 8 Ways Libraries Are Using It" from Don't Shush Me: https://bit. ly/3xOzBfB

"TikTok Guide for Parents" from the National PTA: https://bit.ly/3QoUbdK A guide to TikTok safety from Today: https://on.today.com/309svaQ

TikTok Nonfiction

Essentially Charli: The Ultimate Guide to Keeping It Real (2020) by Charli D'Amelio (young adult)

Make a TikTok Every Day (2021) by Dave Jorgenson (young adult) TikTok Famous: The Ultimate Fan Book (2021) by Malcolm Croft (middle grade)

The Ultimate Guide to TikTok (2020) by Scholastic Inc (middle grade/young adult)

HASHTAGS TO WATCH:

#booktok
#librariantiktok
#bibliophile #dance
#dancechallenge
#tiktokdance

LIBRARIES TO CHECK OUT ON TIKTOK:

@iowacitypubliclibrary,
@vancouverpubliclibrary,
@maricopalibrary,
@teachinatardis,
@fowlervillelibrary,
ollingwoodpubliclibrary,
@bailee.the.librarian,
@whitbylibrary,
@stoughtonpublibwi,
@gmplyouth983,
@columbuslibrary,
@ttlibraries,
@jolietpubliclibrary,
@epplibrary,
@southcountrylibrary

TIPS:

Before creating a library TikTok, investigate your library's branding, marketing, and social media policies. Be sure to get photo release consent forms signed by parents or guardians (see forms on page 203-204).

TIPS:

For another great resource, check out the Library Land Loves podcast (S04:E08)



GAME/ACTIVITY STEM LOW COST

STAR NET & CSLP: TEAM MACHINE

AGES

Tweens 9–12 Teens 13–18

PROGRAM DESCRIPTION

This idea is brought to you by STAR Net. The classic activity challenges 6–20 participants to create a simple human machine that passes a beanbag in a set pattern as quickly as possible. Participants rearrange themselves to achieve faster speeds. The social nature of this program allows participants to experience how engineers work in teams—with different people contributing in different ways—to take on a challenge. Some groups may address the challenge by creating an inclined plane with their hands, or, for even faster speeds, a screw-shaped slide. These solutions provide the opportunity for discussion about simple machines found in community parks (such as playground slides). Suggested runtime: 30 minutes.

MATERIALS AND PREPARATION

Materials:

- One beanbag (or other small, soft object)
- One stopwatch or timer
- Optional: Computer, speakers, projector/screen, internet access

Before you begin the activity, use the supporting media to show examples of engineers working in teams (optional). See Resources.

Rules:

- Keep the same order in each round.
- Each person must catch the beanbag.
- Each time you pass the beanbag, say the name of the person who will catch it.
- You may move around.
- You may stand or sit (some people may need to use a chair).
- Repeat, making adjustments to improve the design.

Step 1. Establish the pattern:

- Form a circle.
- Say your name and toss the beanbag to someone across from you (not next to you).
- Remember the name of the person who catches the beanbag.
- For an added challenge, recite names in order of those who have already passed the beanbag.

The original Team Machine activity was created by the National Center for Interactive Learning (NCIL) at the Space Science Institute (SSI) and is based upon work supported by the National Science Foundation under Grant No. DRL-1421427. Any opinions, findings, and conclusions or recommendations expressed in this material are those of the authors and do not necessarily reflect the views of the National Science Foundation. With permission, this activity was adapted by CSLP for use in this manual.

TIP:

This activity makes a great icebreaker!

ADAPTATION:

Be sure to provide chairs for those who will need to sit to participate.

TIP:

See all facilitation notes from STAR Net here: https://bit.ly/3xrdzyc

PASSIVE DECORATION/DISPLAY STEM

• After each person in the circle has caught the beanbag, the pattern is set.

TEENS

Step 2. Adjust for speed:

- Choose a timekeeper.
- Use an iterative engineering design process to decrease the time required to follow the pattern: Create a new method, test it out, and make adjustments.
- Time each round, and record times nearby (such as on a whiteboard).

UNIQUE SPACE AND/OR PERSONNEL NEEDS

You will need an area big enough for 6–20 people to stand or sit.

RESOURCES

Web

"Team Machine" from STAR Net: https://bit.ly/3mObeZk "Hands on Engineering Activities" from STAR Net: https://bit.ly/3NRWgNX "14 Grand Challenges for Engineering in the 21st Century" from the National Academy of Engineering: https://bit.ly/3MScBRt "Simple Machines" [29 min] from PBS: https://to.pbs.org/39tBbua

Books

Engineering for Teens: A Beginner's Book for Aspiring Engineers (2021) by Dr. Pamela McCauley (YA NF) Folding Tech: Using Origami and Nature to Revolutionize Technology (2020) by Karen Latchana Kenney (YA NF)

LEGO Technic Non-Electric Models: Simple Machines (2021) by Yoshihito Isogawa (middle grade NF)

TIP:

Encourage persistence! Successful engineering involves a process of thinking, building, testing, and repeating.

TIP:

See STAR Net on YouTube for an example video: https://bit. ly/3xpXRn3

PASSIVE STEM

CAPTURING KINDNESS: TEEN VIDEO CHALLENGE

AGES

Teens 13–18

PROGRAM DESCRIPTION

Teens love making short-form videos, so why not harness their passion and creativity by challenging them to a video contest on the theme of friend-

ship and kindness? Teens can make videos during an in-person program or on their own time. The more comedic and innovative their entries, the better. Judge the entries, or ask the library's social media followers to vote on the best ones. Provide cash prizes or other teen-motivating awards. Screen videos at an end-of-summer event, and post winning videos on your library's social media accounts. Suggested runtime: 90–120 minutes for an in-person program.

Challenge ideas:

- Make videos about helping others or catching kindness in action.
- Work together to create videos related to any theme.
- Create and record a skit, or record yourself doing something kind to edit later.
- Make a Zoomie in the library (a film created using Zoom footage).
- Add categories for animation or stop-motion.
- For large groups, divide teens into teams that include screenwriters, actors, editors, and marketers.
- Combine with a TikTok Dance Challenge on page 93.

MATERIALS AND PREPARATION

For a virtual program

- Zoom or Discord for a virtual meeting
- Free screenwriting and video-editing software (or teens can use the editing software built in to their social media flatforms).
- Google Drive, Dropbox, or flash drives for transferring videos
- Examples skits and videos

For a screening event

- Projector/screen and speakers
- Audience chairs
- Incentives for winners



Image source: CSLP

NOTE:

CSLP's Teen Video Challenge will no longer be coordinated nationally, but you can still run the program at your local library!

ADAPTATION:

Start a film club for teens to share their process and learn from each other. Invite local filmmakers to share tips, or invite a coder to help teens apply basic Javascript. Club members submit their videos to the challenge at the end of the summer!

TIP:

Be sure to include captions for the videos. While some platforms auto-generate captions, be sure to read through them beforehand to ensure accuracy.

TIP:

Set up a recording studio for teens who need a quiet place to do voice-overs.



PASSIVE STEM

Preparation:

- Make sure to account for teens who do not have devices. Let them use library devices or have groups of teens work together (with at least one device per group).
- Confirm your institution's social media policy and photo release policy. Do you need permission to post photos or videos of teens? Does your library "own" the content once posted?
- Decide how you will check to ensure that teens make appropriate content.
- Decide how long the program or contest will last. Will it be a two-hour program in which teens hang out, share ideas, and make quick videos to share with each other? Or a longer contest that allows for more polished content that can be used to promote your library and programming?
- Make a funny, cringey video, and challenge them to do better!

Suggested rules. Videos must

- Be no longer than 60 seconds.
- Promote public libraries and reading.
- Be appropriate for viewing by audiences of all ages (rated G)
- Adhere to copyright laws.
- Interpret the theme of friendship and kindness, and include the slogan "All Together Now! /¡Todos juntos ahora!"

Free video-editing apps to consider

- Splice (for iPhone and iPad)
- Stop Motion Studio (for animations)
- iMovie (free software in the Mac suite)
- Windows 10 Photo App (basic software for PC users)
- OpenShot (free and open source)
- VidCode (teaches Javascript for modifying videos [advanced])

UNIQUE SPACE AND PERSONNEL NEEDS

Solo-librarian friendly. For an in-person program, extra staff or volunteers are helpful to assist with tech troubleshooting and ensure that the video content is appropriate.

RESOURCES

Web

Previous CSLP Teen Video Challenge winners: https://bit.ly/3zzr7dB Writer Duet (software) for budding screenwriters: https://www.writerduet. com/

Fiction About YouTubers/Social Media

Fame, Fate, and the First Kiss (2019) by Kasie West

TIP:

Encourage teens to make use of current trends and memes. Ask them to make what they would want to see on the home pages of their favorite apps.

TIP:

Require participants to submit model release forms for each person who appears in their video (see Resources).

TIP:

Judging metrics to consider: Most creative, best cinematography, clearest message, most inspirational, funniest, best overall impact, best dialogue, etc.

TIP:

To stay on top of current trends, search for "YA booktubers" to find creators on YouTube and "YA booktok" for creators on TikTok before the program. Francina Simone is one a popular longstanding YA booktuber: https://bit. ly/39wVZRn.

TIP:

See also TikTok Dance Class on page 93. TEENS

PASSIVE STEM

From Twinkle, with Love (2018) by Sandhya Menon The Gravity of Us (2020) by Phil Stamper Going Off Script (2019) by Jen Wilde Nothing More to Tell (2022) by K.M. McManus Now a Major Motion Picture (2018) by Cori McCarthy One of the Good Ones (2021) by Maika Moulite and Maritza Molulite

Filmmaking Nonfiction

Gofers: On the Front Lines of Film and Television (2020) by Daniel Scarpati (adult NF) My Life as a YouTuber (2020) by Janet Tashjian and Jake Tashjian (middle grade NF) TikTok for Dummies (2021) by Jesse Stay (YA NF)

Printables

Teen Video Challenge Model Release Form

MODEL RELEASE FORM FOR PUBLICATION AND VIDEO PURPOSES FOR THE TEEN VIDEO CHALLENGE

Each person who submits a video or appears in a video must sign a release.

This release is between the undersigned _____and binds both parties' heirs, successors, representatives and assigns.

<u>Subject of Release.</u> "Material" refers to all video, images, photographs, mixed media, music, text and other forms of copyrighted material that I supply to ______.

License. I grant ________ a perpetual, royalty-free license to use, reproduce, edit, distribute, publish, prepare derivative works, display, and perform the Material in any media form to fulfill the library's mission.

<u>Name and Likeness.</u> I grant ______a perpetual, royalty-free license to use my name and likeness, image, voice in the Material as well as my biographical information for advertising, publicity, trade or any other lawful purpose related to fulfilling the library's mission.

<u>No 3rd Party Copyrighted Material.</u> I agree that the Material I submit does not include any copyrighted material belonging to someone else unless it is in the public domain.

<u>No Obligation to Use and No Right to Review.</u> I understand that _______ is under no obligation to use the Material. I understand that I do not have a right to inspect and approve the finished product or such written or spoken copy used in connection with the finished product.

Consideration. I understand and agree that the sole consideration offered by

______ is the evaluation of the Material for its potential use, and acknowledge the receipt and adequacy of this consideration.

I understand and agree:

Your Name (printed or typed)	
Your Address	
Your Email	Your Age
Your Signature	Date

Your Telephone No. _____

Parent or Guardian's Consent is also required, if the person appearing in the Material is under eighteen (18) years of age. I am the parent or legal guardian of the minor named above. I, on behalf of the minor, agree to all provisions of the Release.

Signed		Date
Name (printed or typed)		
Telephone No	E-mail	

TEENS

OUTSIDE PRESENTER

EXCHANGE STUDENTS FOR THE WIN

AGES

Teens 15–18

PROGRAM DESCRIPTION

What is the best way to learn about cross-cultural communication? To experience it, of course! Immersive exchange student programs have been popular for teenagers for decades. Invite your local chapters of Rotary or AFS to present to mature teens what it is like to be an exchange student and how they can apply. You could also reach out to local high schools to identify current exchange students (or those who have recently returned home), who might be willing to present about life abroad. Alternatively, consider running an information night for families interested in hosting an exchange student themselves. Let your library be a hub for promoting global citizenship. Suggested runtime: 90 minutes.

TIP:

Make it a party! Plan the program around a specific country (or continent) and have multiple presenters, food, music, games, etc.

ADAPTATION:

Immersive language programs exist for adults too, and you do not have to be a student. Run an armchair travel night that explores language schools abroad for those 18+.

RESOURCES

Web

AFS Intercultural Programs USA: https://www.afsusa.org/ Rotary Youth Exchange: https://bit.ly/3NQEB9a Language schools for adults from Goabroad.com: https://bit. ly/3OkdNOF

Global YA book recommendations from Book Riot: https://bit. ly/39IMyEk

YA Fiction—Exchange Students and Travel

A Cuban Girls' Guide to Tea and Tomorrow (2021) by Laura Taylor Namey (Cuba/England) The Astonishing Color of After (2018) by Emily X.R. Pan (Taiwan)

Darius the Great Is Not Okay (2019) by Adib Khorram (Iran) Himawari House (2021) by Harmony Becker (Japan) Hot British Boyfriend (2021) by Kristy Boyce (England) The Love and Lies of Rukhsana Ali (2020) by Sabina Khan (Bangladesh) The Marvelous Mirza Girls (2021) by Sheba Karim (India) My Heart Underwater (2021) by Laurel Flores Fantauzzo (Phillipines) One True Loves (2022) by Elise Bryant (Europe) The Paper Girls of Paris (2020) by Jordyn Taylor (Paris) Patron Saints of Nothing (2020) by Randy Ribay (Phillipines) This One Is Ours (2020) by Kate O'Donnell (Paris) Tokyo Ever After (2021) by Emiko Jean (Japan)



Image source: Shutterstock

ADULTS

GAME/ACTIVITY

TEENS

DISABILITY CULTURE BOOK CLUB

AGES

Teens 13–18 Adults

PROGRAM DESCRIPTION

Did you know that one in four adults in the United States has one or more functional disabilities? That is 25% of the adult population! But what does that mean, exactly? Disability is often misunderstood as applying only to people in wheelchairs. In fact, many disabilities are invisible or do not relate primarily to mobility, such as people who are neurodivergent or have a chronic illness. Unfortunately, many people with disabilities feel more thwarted by ableism in society than by disability itself. How can libraries help? By starting a book club that helps people to think about disability differently! Even posting a list of book suggestions in your library would go a long way towards making disabled patrons in your communities feel seen and supported. Suggested runtime: 90 minutes.

MATERIALS AND PREPARATION

Start with outreach to your community. Ask people for their input on what kinds of topics/books they would like to explore. Once you choose a theme, invite outside speakers who can offer insights or different perspectives on disability. See Printables for possible discussion questions.

A note on language: People-first language has been emphasized in the past (e.g., person with disability vs. disabled person). However, many people with disabilities feel that person-first language is ableist in its minimization of their lived experience. The best practice is to ask people how they would like to be referred to, and never correct how anyone self-identifies.

RESOURCES

Web

Discussion guide for Disability Visibility: https://bit.ly/3xN3FHB List of YA novels with disabled characters: https://bit.ly/3xtnnaX

Books

<u>Adult Nonfiction</u> Being Heumann (2020) by Judith Heumann and Kristen Joiner Disability Visibility: First-Person Stories from the Twenty-First Century (2021), edited by Alice Wong Disfigured: On Fairy Tales, Disability, and Making Space (2020) by Amanda

ADAPTATION:

To improve accessibility, make this a virtual program or in-person program with the option to attend virtually.

TIP:

If running an in-person program, make sure your venue is ADA accessible, particularly if you are partnering with outside groups in new locations.

TEENS

ADULTS

GAME/ACTIVITY

Leduc

Floppy: Tales of a Genetic Freak of Nature at the End of the World (2023) by Alyssa Graybeal Golem Girl (2020) by Riva Lehrer Haben: The Deafblind Woman Who Conquered Harvard Law (2019) by Haben Girma Pretty One: On Life, Pop Culture, Disability, and Other Reasons to Fall in Love with Me (2019) by Keah Brown Sitting Pretty: The View from My Ordinary Resilient Disabled Body (2021) by Rebekah Taussig What Doesn't Kill You: Lessons from a Body in Revolt (2021) by Tessa Miller Year of the Tiger (2022) by Alice Wong <u>Adult Fiction</u>

A Room Called Earth (2020) by Madeleine Ryan The Bride Test (2019) by Helen Hoang Get a Life, Chloe Brown (2019) by Talia Hibbert The Murmur of Bees (2021) by Sofía Segovia and Simon Bruni My Heart to Find (2020) by Elin Annalise The Outside (2019) by Ada Hoffman So Lucky (2018) by Nicola Griffith We Are Satellites (2021) by Sarah Pinsker

<u>Teen Fiction</u> Cursed (2019) by Karol Ruth Silverstein Five Feet Apart (2018) by Rachael Lippincott The Girl Who Wasn't There (2020) by Penny Joelson Lycanthropy and Other Chronic Illnesses (2021) by Kristen O'Neal The Memory Book (2016) by Lara Avery Unbroken: 13 Stories Starring Disabled Teens (2018) by Marieke Nijkamp

Teen Nonfiction

Disability Visibility (Adapted for Young Adults) (2021), edited by Alice Wong Face for Picasso: Coming of Age with Crouzon Syndrome (2021) by Ariel Henley

I Am Not a Label (2020) by Cerrie Burnell and Lauren Mark Baldo (middle grade)

Normal Sucks: How to Live, Learn, and Thrive Outside the Lines (2019) by Jonathan Mooney

Normal: One Kid's Extraordinary Journey (2021) by Magdalena Newman and Nathaniel Newman

Rolling Warrior (2021) by Judith Heumann and Kristen Joiner

Printables

Discussion Questions (in English and Spanish)

TIP:

Encourage persistence! Successful engineering involves a process of thinking, building, testing, and repeating.

TIP:

See STAR Net on YouTube for an example video: https://bit. ly/3xpXRn3

DISCUSSION QUESTIONS

- How would you define the difference between a chronic illness and a disability?
- Some thinkers argue that ableism is at the root of all -isms (e.g., racism, sexism, ageism). Do you agree?
- Disability culture emphasizes human interdependence. Do you see yourself as more interdependent or individualistic?
- Do you think someone with a physical disability would make a good employee/parent/friend? Why or why not?
- How do you think disabled people see the world differently?
- Do you think a disabled person can have good quality of life?

PREGUNTAS DE DEBATE

- La cultura de discapacidad enfatiza la interdependencia de los seres humanos.
- ¿Usted se ve a usted mismo como más interdependiente o individualista?
- Algunos pensadores argumentan que el capacitismo es la base de todos los -ismos. ¿Usted está de acuerdo?
- ¿Cómo definiría la diferencia entre una enfermedad crónica y una discapacidad? ¿Usted cree que alguien con una discapacidad física sería un buen empleado/padre/amigo? ¿Por qué o por qué no?
- ¿Usted cree que las personas discapacitadas ven el mundo de manera diferente? De ser así, ¿por qué?
- ¿Usted cree que una persona discapacitada puede tener una buena calidad de vida?

TWEENS

TEENS

GAME/ACTIVITY ARTS & CRAFTS

THE MORE WE PAINT TOGETHER

AGES

Tweens 9–12 Teens 13–18

PROGRAM DESCRIPTION

Tweens or teens collaborate on large works of art or murals, but make it a relay and give instructions in both Spanish and English! They do not need to speak the same lan-



Image source: Shutterstock

guage to make art together. Divide participants into two or more teams, and give everyone the same amount of time to work on their team's collaborative masterpiece. When they admire their artwork at the end, everyone wins! Award small prizes to participants. Be sure to take pictures of teams with their masterpieces, and send the artists home with inspirational art books. Suggested runtime: 45–90 minutes. guages.

MATERIALS AND PREPARATION

Mural supplies:

- Kraft paper or other large paper
- Art supplies of your choosing
- Drop cloths to cover the floor (if using paint)
- Aprons (optional, if using paint)

To play:

- Divide participants into mixed-language teams of four to six.
- Give teams 5–10 minutes to strategize what they will draw (through both talking and sketching).
- When they are ready to begin, start your timer! The first artist from each team works on the piece for anywhere from 30 seconds to 10 minutes.
- When the timer goes off, the artists switch so everyone gets a turn.

UNIQUE SPACE AND/OR PERSONNEL NEEDS

You will need a wall space large enough to display multiple murals. If you are not bilingual, you will also need one Spanish-speaking volunteer to give instructions and be on hand to answer questions.

TIP:

Provide art supplies so participants can sketch their ideas, or simply pass the time, while they wait for the relay to finish. This is especially important for longer relays.

ADAPTATION:

For a virtual adaptation, provide art prompts, and time artists while they work at home. Be sure to leave time for everyone to share their speedy artworks.

ADAPTATION:

Cover library tables with butcher paper, and hold movie night where participants draw/doodle during the movie.

ADAPTATION:

Provide fabric paint and t-shirts, and let tweens paint each other while wearing the t-shirts.

TIP:

Avoid difficult-to-clean up art materials, such as glitter, unless you have the staff and equipment needed for a thorough cleanup.



GAME/ACTIVITY ARTS & CRAFTS

RESOURCES

Books

Read-Aloud Books for Children 5+

Ablaze with Color: A Story of Painter Alma Thomas (2022) by Jeanne Walker Harvey and illustrated by Loveis Wise

How Art Transformed a Neighborhood (2016) by F. Isabel Campoy, Theresa Howell, and illustrated by Rafael López

Hey, Wall (2018) by Susan Verde and illustrated by John Parra

The Masterpiece (2019) by Jay Miletsky and illustrated by Luis Peres

The All-Together Quilt (2020) by Lizzy Rockwell

Nonfiction

All the Things: How to Draw Book for Kids (2020) by Alli Koch

Art Making with MoMA: 20 Activities for Kids Inspired by Artists (2018) by Cari Frisch and Elizabeth Margulies

Kids Create Together: Hands-On Projects for Collaborative Art Making for Kids' Groups of Every Size (2022) by Editors of Quarry Books

Recycled Paper Projects (2021) by Marcy Morin and Heidi E. Thompson

TEENS

GAME/ACTIVITY ARTS & CRAFTS OUTDOORS LOW COST

LARP AT THE LIBRARY

AGES

Teens 13–18

PROGRAM DESCRIPTION

Teens collaborate through live action role play (LARP)! Announce a theme beforehand and encourage teens to attend dressed for role play. Work on character development, combat practice, and prop creation before the role-playing begins. This program may need volunteers for non-player characters (NPCs) to provide obstacles during gameplay. It can be run as a day-long event or broken into a series. Suggested runtime for a day-long event: 4–7 hours (1–2 for character design, 1–2 for prop construction, 1 hour for stage combat practice, 1–2 hours for gameplay).

MATERIALS AND PREPARATION

Preparation:

- Gather craft supplies such as pool noodles, recyclables, paint, duct tape, scissors, etc.
- Design or choose the scenario for gameplay.
- Modify the scenario for age-appropriateness if necessary.
- Hold a mini meeting with volunteer NPCs before gameplay.

First, help them design their characters. You could use a basic D&D character sheet, create a simpler character design page for your themed activity, or premake gender-neutral characters to select from). Share YouTube videos of how to perform basic stage combat and let them practice outside. Then provide art supplies or recycled materials for them to craft props of their choosing. Once their props are complete, read the scenario for teens to work through together.

UNIQUE SPACE AND PERSONNEL NEEDS

You will need a large program (or outdoor) space with tables and chairs. You may also need extra staff members or volunteer NPCs.

RESOURCES

Web

Free LARP scenarios wiki: https://bit.ly/3zBnT9s Free character sheet from D&D 5e Character Sheet: https://bit.ly/3mLIAJh

Books

The Adventure Zone series (2018–21) by Clint McElroy et al. (YA F) Don't Read the Comments (2020) by Eric Smith (YA F)

TIP:

If someone in your community knows basic stage combat, ask them to present and/or assist.

ADAPTATION:

Character design, stage combat practice, and prop creation are easily be adapted to virtual programs. Gameplay would a little less interactive, but teens can still work together to problem solve.

TIP:

If you adapt this program for tweens or families, teens make great volunteer NPCs.

TEENS

GAME/ACTIVITY ARTS & CRAFTS OUTDOORS LOW COST

Even If We Break (2020) by Marieke Nijkamp (YA F) Glitch Kingdom (2020) by Sheena Boekweg (YA F) In the Hall with the Knife series (2019–21) by Diana Peterfreund (YA F) The Inheritance Games series (2020–22) by Jennifer Lynn Barnes (YA F) The Life and Medieval Times of Kit Sweetly (2020) by Jamie Pacton (YA F) The Perfect Escape (2020) by Suzanne Park (YA F) Power Play: How Video Games Can Save the World (2017) by Asi Burak and Laura Parker (adult NF) Slay (2019) by Brittney Morris (YA F) Truly Devious series (2018–21) by Maureen Johnson (YA F) TWEENSTEENSARTS & CRAFTSLOW COSTPASSIVE

SPREAD THE LOVE

AGES

Tweens 9–12 Teens 13–18

PROGRAM DESCRIPTION

There are few things better than a nice surprise. In this program, tweens or teens write positive, uplifting messages to place in their favorite books (either YA books or books they liked when they were younger).



Image source: Shutterstock

You can go simple by providing Post-its and markers, or you can use whatever paper and art supplies you have on hand. Be sure to make examples beforehand to kick things off. While crafting their messages, teens discuss their favorite books, watch videos, or listen to music. For a passive program, create a supply table with signage and examples. Be sure to require teens to submit their messages for approval before hiding them in books. Suggested runtime: 60 minutes.

MATERIALS AND PREPARATION

Materials:

- A variety of art supplies
- Premade templates for those who do not want to draw
- A computer and printer for those who want to work digitally
- Spreadsheet to track which books have messages (optional)

Be sure to make a few example messages beforehand. They should be positive and cute, but not too young. Decide if you will track (anonymously) which books the teens select so they can see whether the messages/cards ever reach another reader.

RESOURCES

Web

Quotes from Random Acts of Kindness Foundation: https://bit.ly/3tDFsBX "What Is Kindness? Teens Respond" [4 min] from Random Acts of Kindness Foundation on YouTube: https://bit.ly/3Hvc2Mb

Art and books from The Latest Kate: https://www.thelatestkate.art/ Teen kindness ideas from Channel Kindness: https://bit.ly/3Qz9pgH

Printables

Pride Icons

ADAPTATION:

Rather than hiding messages in books, you can also create a designated bulletin board.

TIP:

See also Bookmarks for All for a similar program that uses bookmark templates.

TIP:

This would be perfect for any LGBTQIA+ teen groups/clubs you may have, or as a bonding activity for a teen advisory board or advocacy group.

TIP:

Promote mental health groups in your area by putting out a stack of flyers.

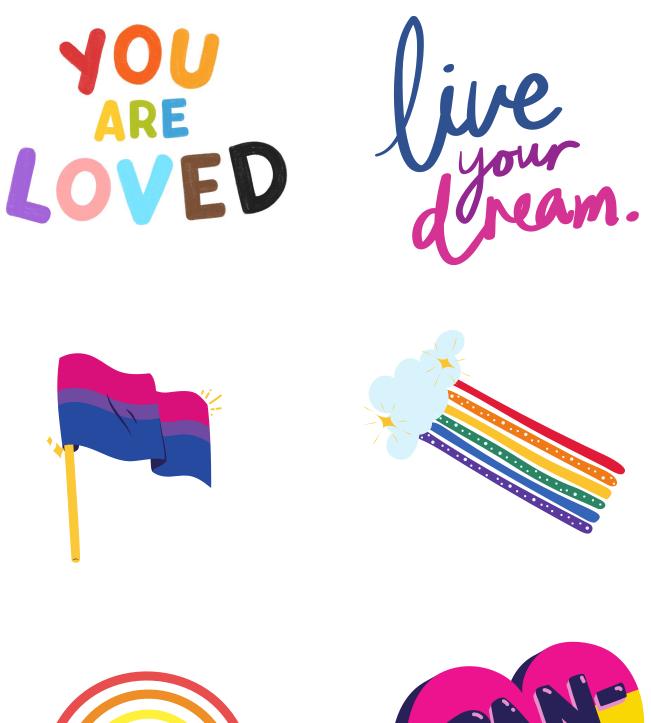
TIP:

For kindness books, see the Kindness Book List on page 44.

TIP:

For YA fiction that features mental health, see Self-Care Bath Bombs and Sugar Scrub on page 180.

Pride printable created by Laura Erwin of Chillicothe & Ross County Public Library.







TWEENS

TEENS

STEM GAME/ACTIVITY

SELF-CARE BATH BOMBS & SUGAR SCRUB

AGE

Tweens 9–12 Teens 13–18 Adults

PROGRAM DESCRIPTION

Patrons make fun DIY bath products and personalizes containers. Great for a self-care theme, or en-

courage participants to give them as gifts. The bath

bombs are made up in a single batch, while participants mix their own sugar scrubs. This program works well for tweens and up, and can be adapted for children. Suggested runtime: 45–60 minutes.

MATERIALS AND PREPARATION

Bath Bombs

Materials (makes 12–18):

- 1 cup baking soda (sodium bicarbonate)
- ½ cup Epsom salt
- ¹/₂ cup corn starch
- ½ cup citric acid
- 2¹/₂ tbsp vegetable oil
- About 1 tbsp water
- About 20 drops essential oils
- 4-6 drops food coloring
- One large bowl and one small bowl
- One whisk
- Small spoons
- 12–18 paper cups (3-oz capacity)

Procedure:

- Whisk dry ingredients in the large bowl until clumps are removed.
- Whisk wet ingredients in the small bowl. Add food coloring and essential oils.
- Add wet ingredients to the dry by whisking in 1 tbsp at a time. If the mixture begins to fizz, slow down. The resulting mixture should be the consistency of wet sand.
- Divide mixture into small paper cups, pressing firmly.
- Let dry completely (up to 24 hours) before using.
- When ready to use, tear off the paper cup and drop the bath bomb in water. Watch it fizz!



Image source: Jennifer Bishop of East Bank Regional Library, Metairie, LA

ADAPTATION:

For children, premeasure sugar scrub ingredients so they can focus on decorating their jars.

TIP:

Essential oils can cause allergic reactions, so make sure to mention in any publicity that essential oils are involved.

TIP:

Bath bombs can also be added to small containers with warm water for a hand/foot soak. TWEENS

TEENS

STEM GAME/ACTIVITY

While making these, you can talk about the science behind the fizz. It is all about pH levels! The baking soda has a high pH level. When combined with citric acid, which has a low pH level, they react to create carbon dioxide gas, which creates bubbles. (The reaction is similar to mixing baking soda and vinegar for homemade volcanos.) You can also discuss the importance of self-care and let children sniff different essential oils for some in-library aromatherapy.

Sugar Scrub

Materials (per jar):

- ¹/₂ cup coffee
- ½ cup sugar
- ¹/₂ cup coconut oil
- 1 tsp cinnamon
- Jars and craft sticks
- Measuring cups and spoons
- Microwave to soften coconut oil
- Art supplies for decorating the jars
- Condiment cups (for take-and-make kits)

Procedure: Be sure to make an example. Before an in-person event, set up stations with prepped ingredients. Give each participant a recipe and a jar, and have them measure out their ingredients. Then guide them in putting it together. Step 1: Add dry ingredients together. Step 2: Soften the coconut oil, then add it. Step 3: Stir the mixture with a craft stick. Step 4: Decorate the jar.

UNIQUE SPACE AND PERSONNEL NEEDS

Cover work tables for easier cleanup. For younger tweens, additional staff members or volunteers may be helpful.

RESOURCES

Web

Bath bombs tutorial from Popular Science: https://bit.ly/3aYzRjs Coconut/coffee body scrub tutorial [2 min] from A Wildflower Life on You-Tube: https://bit.ly/3x00Abm

Self-care tips for teens and young adults from Psychology Today: https://bit. ly/3MPqqjp

Teenagers and self-care from Reach Out Australia: https://bit.ly/3NO6SNE "What Are Acids and Bases?" [3 min] from American Chemical Society on YouTube: https://bit.ly/30inNrF

Books

<u>Young Adult Mental Health Fiction</u> Baby and Solo (2021) by Lisabeth Posthuma

TIP:

If you have leftover bath bombs, store them in a sealed container.

TIP:

For take-and-make bags, put premeasured ingredients in condiment cups, and provide printed instructions.

TIP:

For kindness books, see the Kindness Book List on page 186.



STEM GAME/ACTIVITY

Between the Bliss and Me (2021) by Lizzy Mason An Emotion of Great Delight (2021) by Tahereh Mafi Our Way Back to Always (2021) by Nina Moreno Slip (2022) by Marika McCoola and illustrated by Aatmaja Pandya (graphic novel) Starfish (2018) by Akemi Dawn Bowman Tell Me My Name (2021) by Amy Reed Turtle Under Ice (2020) by Juleah del Rosario When We Were Infinite (2021) by Kelly Loy Gilbert The Words We Keep (2022) by Erin Stewart

Young Adult Mental Health Nonfiction

All the Feels for Teens (2021) by Elizabeth Laing Thompson The Mindfulness Journal for Teens (2019) by Jennie Marie Battistin Stuff that Sucks: A Teen's Guide to Accepting What You Can't Change and Committing to What You Can (2017) by Ben Sedley A Year of Positive Thinking for Teens (2020) by Katie Hurley

KINDNESS BOOK LIST (ALL AGES)

Tip: For more kindness picture books, see Early Literacy in Chapter 07 (page 161).

Kindness Picture Books (Children 5+)

Dance Like a Leaf / Baila como una hoja (2020) by A.J. Irving. (Separate English and Spanish editions)

Dear Little One (2021) by Nina Laden and Melissa Castrillon

Eyes that Kiss in the Corner (2021) by Joanna Ho and Dung Ho

Happy Yogis: Un libro divertido de yoga para los niños con afirmaciones positivas / Happy Yogis: A Fun Kids Yoga Book with Positive Affirmations (2021) by Sandy Zanella and illustrated by Diana Guerrero (bilingual)

I Am You: A Book About Ubuntu (2022) by Refiloe Moahloli and illustrated by Zinelda McDonald

I Can Help (2021) by Reema Faruqi and illustrated by Mikela Prevost (picture book F)

Just Help! How to Build a Better World (2022) by Sonya Sotomayor and illustrated by Angela Dominguez

Little Book of Kindness (2020) by Francesca

The Little Things (2021) by Christian Trimmer and Kaylani Juanita

Los tres cerditos yoguis y el lobo que perdió la respiración / Three Little Yogis and the Wolf Who Lost His Breath (2020) by Susan Verde and illustrated by Jay Fleck (separate Spanish and English editions)

Loving Kindness (2021) by Deborah Underwood and illustrated by Tim Hopgood

Lunch Every Day (2021) by Kathryn Otoshi

Mister Rogers Poetry Books series (2019–20) by Fred Rogers and illustrated by Luke Flowers

Peace (2021) by Miranda Paul and Baptiste Paul.

Red (2021) by Laura Vaccaro Seeger

Sometimes It's Hard to Be Nice (2021) by Maggie C Rudd and Kelly O'Neill Tú eres un cielo azul (2021) and You Are a Blue Sky (2021) by Antonio Adánez and illustrated by Mariona Cabassa

A Spoonful of Faith (2022) by Jena Holliday

The Water Lady: How Darlene Arviso Helps a Thirsty Navajo Nation (2021) by Alice B. McGinty and illustrated by Shonto Begay

Wolf Girl (2022) by Jo Loring-Fisher

The Year We Learned to Fly (2022) by Jacqueline Woodson and illustrated by Rafael López

Your Mama (2021) by NoNieqa Ramos and illustrated by Jacqueline Alcántara

Kindness Early Reader Fiction

The Bad Seed Goes to the Library (I Can Read! Level 1) (2022) by Jory John and Pete Oswald

Dragón y sus labors / Dragon Gets By (Dragon #3) (2019) by Dav Pilkey (separate Spanish and English editions)

Gigi and Ojiji (I Can Read! Level 3) (2022) by Melissa Iwai

Hello, Ninja. Hello, Stage Fright! (I Can Read! Level 2) by N.D. Wilson and illustrated by Forrest Dickison

Knight of the Cape (Definitely Dominguita #1) (2021) by Terry Catasus Jennings and illustrated by Fatima Ananya

Sona Sharma, Very Best Big Sister? (2021) by Chitra Soundar and illustrated by Jen Khatun

Too Small Tola (2021) by Atinuke and illustrated by Onyinye Iwu

Unicorn and Yeti: Fair and Square (Unicorn and Yeti #5) (2021) by Heather Ayris Burnell and illustrated by Hazel Quintanilla

Kindness Early Reader Non Fiction

Greta: La lucha de una niña por salvar el planeta / Our House Is on Fire (2019) by Jeanette winter (separate Spanish and English editions)

I Can Do Hard Things / Yo puedo hacer cosas

MULTIGENERATIONAL

difíciles (2018) by Gabi Garcia and illustrated by Charity Russell (bilingual)

MIDDLE GRADE

Kindness Fiction

Falling Short (2022) by Ernesto Cisneros

Ghost Boys (2019) by Jewell Parker Rhodes

The House in the Cerulean Sea (2020) by T. J. Klune

Living with Viola (2021) by Rosena Fung (graphic novel)

The Many Meanings of Meilan (2021) by Andrea Wang

Nothing Ever Happens Here (2021) by Sarah Hagger-Holt

Nowhere Boy (2018) by Katherine Marsh

Rez Dogs (2021) by Joseph Bruchac

Roll with It (2019) by Jamie Summer

The Sea in Winter (2021) by Christine Day

Shouting at the Rain (2020) by Lynda Mullaly Hunt

The Someday Birds (2018) by Sally J. Pla and illustrated by Julie McLaughlin

Starfish (2021) by Lisa Fipps

Too Bright to See (2021) by Kyle Lukoff

Ways to Grow Love (2021) (Ryan Hart #2) by Renée Watson

We Are Wolves (2022) by Katrina Nannestad

White Bird / Pájaro blanco (2019) by R.J. Palacio (graphic novel) (separate English and Spanish editions)

World in Between (2021) by Kenan Trebincevic and Susan Shapiro

Yusuf Azeem Is Not a Hero (2021) by Saadia Faruqi

Kindness Nonfiction

Ain't Gonna Let Nobody Turn Me 'Round (2022) by Kathlyn J. Kirkwood and illustrated by Steffi Walthall

Crafting Calm: Art and Activities for Mindful Kids (2020) by Megan Borgert-Spaniol and Lauren Kukla and illustrated by Aruna Rangarajan

Just Be You (2021) by Mallika Chopra and illustrated by Brenna Vaughan

Latinitas: Una celebración de 40 soñadoras audaces / Latinitas: Celebrating 40 Big Dreamers (2021) by Juliet Menéndez (separate Spanish and English editions)

Mindfulness for Kids in 10 Minutes a Day (2021) by Maura Bradley

School of Awake: A Girl's Guide to the Universe (2017) by Kidada Jones and illustrated by Koa Jones

YOUNG ADULT

Kindness Fiction

Darius the Great Is Not Okay (2018) by Adib Khorram

Home Home (2020) by Lisa Allen-Agostini

Jackpot (2019) by Nic Stone

The Last Cuentista (2021) by Donna Barba Higuera

Magic Steeped in Poison (2022) by Judy I. Lin

Not My Problem (2021) by Ciara Smyth

The Ones We're Meant to Find (2021) by Joan He

Scars Like Wings (2019) by Erin Stewart

Verona Comics (2020) by Jennifer Dugan

When You Were Everything (2020) by Ashley Woodfolk

Yo no soy tu perfecta hija Mexicana / I Am Not Your Perfect Mexican Daughter (2017) by Erika L. Sánchez (separate Spanish and English editions)

Kindness Nonfiction

Be You, Only Better (2021) by Kristi Hugstad

Channel Kindness (2020) by Lady Gaga and Born This Way Foundation Reporters

Empowered Black Girl: Joyful Affirmations and Words of Resilience (2021) by M.J. Fievre

Happiness Hacks: How to Find Energy and Inspiration (2018) by Aubrey Andrus, Karen Bluth, and Veronica Collignon

A Perfectionist's Guide to Not Being Perfect (2022) by Bonnie Zucker

Queerfully and Wonderfully Made: A Guide for LGBTQ+ Christian Teens (2020), edited by Leigh Finke

MULTIGENERATIONAL

ADULT

Kindness Fiction

La bibliotecaria de Saint-Malo / The Librarian of Saint-Malo (2020) by Mario Escobar (separate Spanish and English editions)

The People We Keep (2021) by Allison Larkin

A Very Nice Girl (2022) by Imogen Crimp

Why Has Nobody Told Me This Before? (2022) by Julie Smith

Kindness Nonfiction

Congratulations, By the Way: Some Thoughts on Kindness by George Saunders

Deep Kindness: A Revolutionary Guide for the Way We Think,Talk, and Act in Kindness (2020) by Houston Kraft

The Power of Kindness: Why Empathy Is Essential in Everyday Life (2019) by Dr. Brian Goldman

Radical Kindness (2019) by Angela Santomero

Why Has Nobody Told Me This Before? (2022) by Dr. Julie Smith



at _

(library name)

Dear Parents and Friends:

We are looking for volunteers to help us offer more activities for our summer program. "All Together Now!" is designed to encourage children to continue reading during vacation so that valuable reading skills won't be lost. In addition, we hope to offer a variety of activities for children, teens, and adults. If you are interested in helping, please fill out the form below and return it to the library or school by ______.

Yes, I want to help at the library this summer. I am willing to:

- _____ Help with registration and recording reading logs.
- _____ Solicit donations of incentive prizes from local businesses.
- _____ Assist the librarian with storytime or other programs.
- _____ Offer or help with a craft program.
- _____ Help with games or sports activities.
- _____ Create a display or help decorate the room.
- _____ Chaperone a reading party or field trip.
- _____ Provide refreshments for a special event.
- _____ Offer a workshop using a special skill I have.
- _____ Translate during a bilingual program.

Name:				
Address:				
Telephone:				
Email:		_		



¡Todos juntos ahora!

en la _

(biblioteca pública)

Estimados padres y amigos:

Nosotros estamos buscando voluntarios para ayudarnos a ofrecer más actividades para nuestro programa de verano. "¡Todos juntos ahora!" está diseñado para alentar a los niños que continúen leyendo durante las vacaciones para no perder las habilidades de lectura. Además, esperamons afrecer una variedad de actividades para niños, adolescentes, y adultos. Si estás interesado en ayudarnos, complete el siguiente formulario y envíelo a la biblioteca o escuela hasta el ______.

Sí, quiero ayudar en la biblioteca este verano. Estoy dispuesto a:

- _____ Ayudar con la inscriptión y registro de los libros leídos por los niños.
- _____ Solicitar donaciones para premios de incentivo de negocios locales.
- _____ Ayudar a la bibliotecaria con las historias u otros programas.
- _____ Ofrecer o ayudar con el programa de arte.
- _____ Crear una cartelera o ayudar a decorar una sala.
- _____ Supervisar una fiesta de lectura o excursión.
- _____ Servir refrescos en un evento especial.
- _____ Ofrecer la realización de un taller usando una habilidad especial que yo tengo.
- _____ Traducir durante programas bilingües.

Nombre:		_				
Dirección:			6			
Teléfono:						
Email:						

All Together Nov Permission to Record and/or Photog	
l,, am 18 years or older. (name, please print)	
l,, am th <mark>e parent/guardian of</mark>	
(name, please print)	(name, please print)
I understand that the may reco activity in which I am (or my child is) participating for the purpose of p programs. I give permission with the following understanding: No com paid to me (or my child) at this time or in the future for the use of my (o	romoting its services and pensation of any kind will be
Permission is n <mark>ot required</mark> to take part in events of	or activities.
Signature	Date:
Address:	Zip Code:
Phone or email:	

¡Todos junt Permiso para filma	
Yo,, tengo por lo (nombre, en imprenta)	menos 18 años de edad.
Yo,, soy <mark>padre o</mark>	tutor legal de
(nombre, en imprenta)	(nombre, en imprenta)
Comprendo queactividades en las cuales you estoy (o mi hijo está) po o filmaciones mías (o de mi hijo) con el propósito de p permiso y tengo claro lo siguiente: No se me pagará o hijo) en esta oportunidad ni en el futuro por la utilizad	articip <mark>ando.</mark> Doy permiso para utilizar fotografías promocionar sus servicios/programas. Doy comp <mark>ensación d</mark> e ningún tipo (ni tampoco a mi
No se necesita pe <mark>rmiso para</mark> partici	par e <mark>n los eve</mark> ntos de la ciudad.
Firma:	Fecha:
Dirección :	Zip:
Teléfono o email	

Reader's name:		Age:
Address:		
Parent phone or email:		
School:	Grade in	September:
Circle one: independent read	er family reader	
	Completed program:	☐ Yes ☐ No
	Readina Contract	
	Reading Contract	er Nowl
	Reading Contract Library Program: All Togeth	er Now!
2023 Summe		
2023 Summe	Library Program: All Togeth	
2023 Summe	Library Program: All Togeth	
2023 Summe	Library Program: All Togeth	
2023 Summe	Library Program: All Togeth	_ books, minutes, or

-

	biblioteca de verano 2023 ¡Todos juntos ahora!	
	-	
Nombre:		Edad:
Dirección:		
Teléfono o email de los po	ıdres:	
Escuela:	Año en se	ptiembre:
Encierre uno en un círculo	: lector independiente lector en familia	
	Completó el programa: 🗌	Sí 🗌 No
el prog	Contrato de lectura para Jrama de biblioteca de verano 202 ¡Todos juntos ahora!	23
	Contrato de lectura para Jrama de biblioteca de verano 202 ¡Todos juntos ahora!	
Acepto leer	Contrato de lectura para Jrama de biblioteca de verano 202 j Todos juntos ahora! _ numéro de libros, minutos, o páginas (encierre uno	
Acepto leer	Contrato de lectura para Jrama de biblioteca de verano 202 ¡Todos juntos ahora!	
Acepto leer	Contrato de lectura para Jrama de biblioteca de verano 202 j Todos juntos ahora! _ numéro de libros, minutos, o páginas (encierre uno	
Acepto leer	Contrato de lectura para Jrama de biblioteca de verano 202 j Todos juntos ahora! _ numéro de libros, minutos, o páginas (encierre uno	

		Age:
Address:		
Phone or email:		
School:		Grade in September:
My favorite book	genres (check all that apply):
<pre> mystery fantasy classics nonfiction dystopian horror detective</pre>	<pre> romance science fiction suspense graphic novels books in a series biography other</pre>	Completed program: 🗌 Yes 🗌 No
2023		ling Contract Program: All Together Now!
2023		-
2023	3 Summer Library P	-
	3 Summer Library P	Program: All Together Now!

Signature of reader

Signature of librarian

Nombre:	Edad:
Dirección:	
Teléfono o email:	
Escuela:	Año en septiembre:
misterio romance fantasía ciencia ficción clásico suspenso no-ficción novela gráfica distopia los libros en saga horror biografía detective other	Completó el programa: 🗌 Sí 🔲 No
Contrato de lecto para el programa de bibl ¡Todos junto	ioteca de verano 2023

por la presente prometo leer	<u> </u>

y _____ de 2023. Además, declaro que las páginas mencionados provendrán de títulos que son

apropriados para mi edad y mis capacidades.

- -

Firmado este día _____ de ____, 2023.

Firma del lector

Firma del bibliotecario



All Together Now! Time Tracking Reading Log

Name:_____

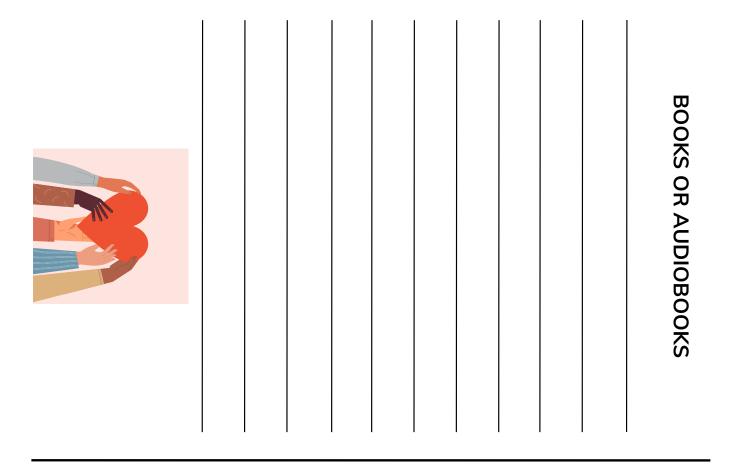
Date	Title of Book, Magazine, or Newspaper	Number of Minutes
	Total number of minutes read	



¡Todos juntos ahora! Registro de conteo de minutos leídos

Nombre:_____

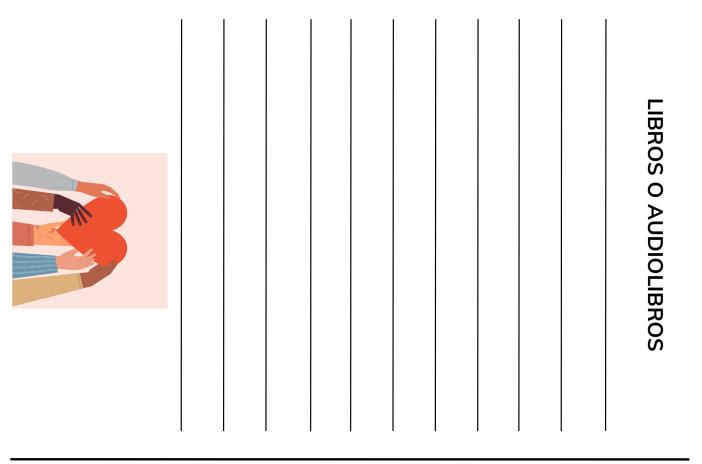
Fecha	Título del libro, revista, or periódico	Número de minutos
	Número total de minutos leídos	





NAME:

READING LOG



TODOS JUNTO AHORAI



NOMBRE:

DIARIO DE LECTURAS







All Together Now!

This book is recommended by



¡Todos juntos ahora!

Este libro está recomendado por



¡Todos juntos ahora!

Este libro está recomendado por

All Together Now! Book Genre Bingo



Name:

Read any five in a row (across, down, or diagonal).

biography	translated from a foreign language	novel in verse	thriller	historical fiction
classic	true crime	steampunk	a book in a series	magic realism
science fiction	horror	YOUR CHOICE	dystopian	sports fiction
graphic novel	fantasy	autobiography	suspense	nonfiction
mystery	romance	detective	adventure	made into a movie

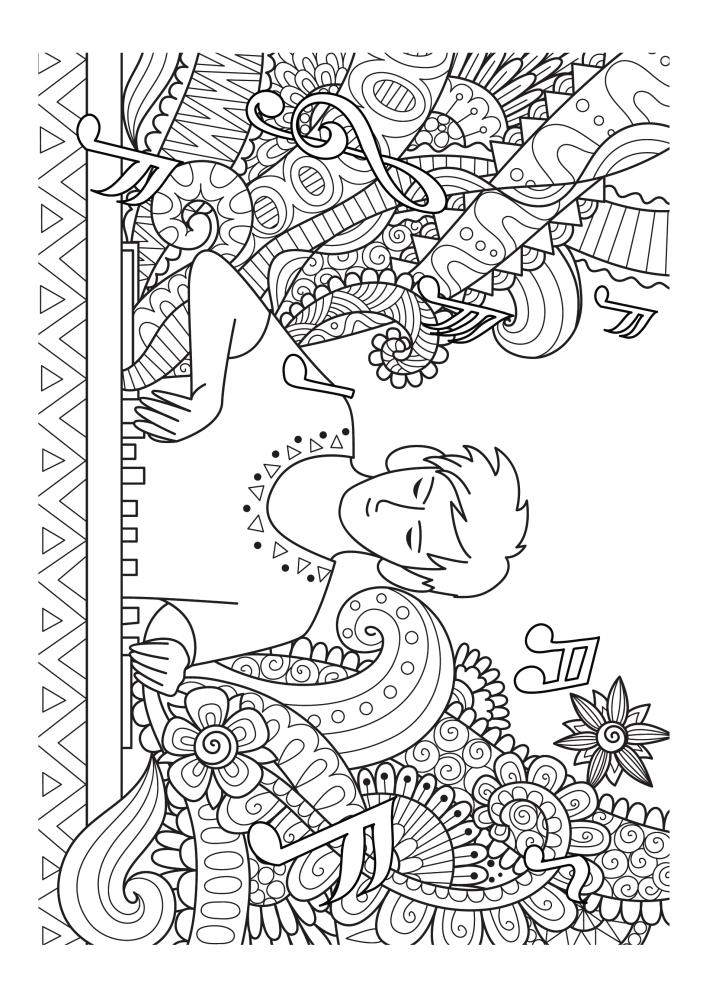
¡Todos juntos ahora! Bingo de libros



Nombre:

Lea cualquiera de los cinco en fila (a través, abajo, o diagonalmente).

biografía	traducido de un idioma extranjero	novela poética	thriller	ficción histórica
clásico	crimen verdadero	novela estilo Victoriana	un libro en saga	realismo mágico
ciencia ficción	horror	TU ELECCIÓN	distopia	ficción deportiva
novela gráfica	fantasía	autobiografía	suspenso	no-ficción
misterio	romance	detective	aventura	convertido en película



MAKE A WRECK-IT JOURNAL

A wreck-it journal is unlike a traditional journal or sketchbook. You can write or draw in it if you want, but you can also scribble nonsense, throw it down the stairs, or leave it in the rain for a few hours. Destroy it however you want! Use it to let off steam or mess around. Try some of the prompts below, or create your own experiments.

MATERIALS:

- An old notebook (or you can make your own by stapling loose pages together).
- Search for prompts online, or use one of the prompts below.
- When you find a prompt you like, write it at the top of the next available page (so when you read back in the future you know what you're looking at).
- Then, do what the prompt says! There's no wrong way to do it.

PROMPTS:

- Write an internal monologue.
- Hide a secret message in this book (include the code if you want to).
- Fill a page with circles.
- Document your dinner. Rub, smear, splatter your food. Use this page as a napkin.
- Do some pencil rubbings.
- Scribble with reckless abandon.
- Tear strips; rip it up!
- Glue, staple, or tape these pages together.
- Leave this book outside and see what happens.
- Draw with your eyes closed.
- Cut out shapes from the pages.
- Fold pages into a pop-up.
- Add chewed gum to stick pages together.
- Paint an abstract shape, then close the book while the paint is still wet.



Image source: Shutterstock

HAZ UN DIARIO PARA DESTROZAR

Un diario para destrozar es diferente de un diario o cuaderno de bocetos tradicional. Puedes escribir o dibujar en él si quieres, pero también puedes hacer garabatos sin sentido, tirarlo por las escaleras o dejarlo en la lluvia por unas horas. ¡Destrózalo como tú quieras! Úsalo para desahogarte o perder el tiempo. Intenta algunas de las sugerencias de abajo o crea tus propios experimentos.

VAS A NECESITAR:

- Un cuaderno viejo (o puedes hacer uno nuevo engrapando hojas sueltas).
- Busca sugerencias en línea o usa una de las sugerencias de abajo.
- Cuando consigas una sugerencia que te gusta, escríbela en la parte de arriba de la próxima página disponible (para que puedas leerla en el futuro cuando sepas lo que estás viendo).
- ¡Luego haz lo que dice la sugerencia! No hay maneras incorrectas de hacerlo.

SUGERENCIAS:

- Escribe un monólogo interno.
- Esconde un mensaje secreto en este libro (incluye el código si quieres).
- Llena una página con círculos.
- Documenta tu cena. Frota, restriega, salpica tu comida. Usa esta página como una servilleta.
- Haz calcos a lápiz.
- Haz garabatos imprudentemente.
- Rasga tiras, ¡rómpelo!
- Pega, engrapa o junta con cinta adhesiva estas páginas juntas.
- Deja este libro afuera y ve lo que pasa.
- Dibuja con tus ojos cerrados.
- Corta figuras de esta página.
- Dobla las páginas como un libro desplegable.
- Agrega chicle mascado para pegar estas páginas juntas.
- Pinta una forma abstracta, luego cierra el libro mientras la pintura siga húmeda.



BE KIND TO YOURSELF CHALLENGE

Being kind to yourself takes practice! For the next week, see if you can complete one of the following challenges each day. At the end of the week, check in with yourself. How are you feeling?

Day #1: Recognize Yourself

Give yourself credit for something you've done or that you do really well. Take a moment to bask in glory.

Day #2: Tell Yourself Something Kind

Look in a mirror and tell yourself something good about yourself. It can be anything from your looks to your soul. Look yourself in the eye when you say it.

Day #3: Treat Yourself

Spend time doing something that you like, or eat one of your favorite foods. This can be anything that will lift your spirits and make you feel good.

Day #4: Exercise

Go for a walk, ride your bike, do some yoga, play a sport—whatever your body likes doing, go do it. Exercise makes us feel good both mentally and physically.

Day #5: Do Something for Someone Else

When we help others, we lift ourselves up too.

Day #6: Breathe

Take a moment to slow down, and be present in the moment. Breathe in through your nose and out slowly through your mouth. Repeat three times and see how your mood changes.

Day #7: Give Yourself Grace

Maybe you have made a mistake or didn't do as well as you hoped. Forgive yourself for not being perfect, and take the next steps forward.

DESAFÍO DE SER AMABLE CONTIGO MISMO

¡Ser amable contigo mismo requiere práctica! Ve si puedes completar uno de los siguientes desafíos cada día por una semana. Al final de la semana, comprueba contigo mismo. ¿Cómo te estás sintiendo?

Día #1: Reconocerte a ti mismo

Date crédito por algo que has hecho o que haces muy bien. Tómate un momento para gozar de la gloria.

Día #2: Dite algo amable

Mírate en un espejo y di algo bueno sobre ti mismo. Puede ser cualquier cosa, desde tu apariencia hasta lo que hay en tu alma. Mírate a los ojos cuando lo digas.

Día #3: Mímate

Pasa tiempo haciendo algo que te guste o come una de tus comidas favoritas. Esto puede ser cualquier cosa que te levante el ánimo y te haga sentir bien.

Día #4: Ejercitarse

Sal a caminar, anda en bicicleta, haz algo de yoga, juega un deporte. Lo que sea que te guste hacer con el cuerpo, hazlo. El ejercicio nos hace sentir bien tanto mental como físicamente.

Día #5: Haz algo por alguien más

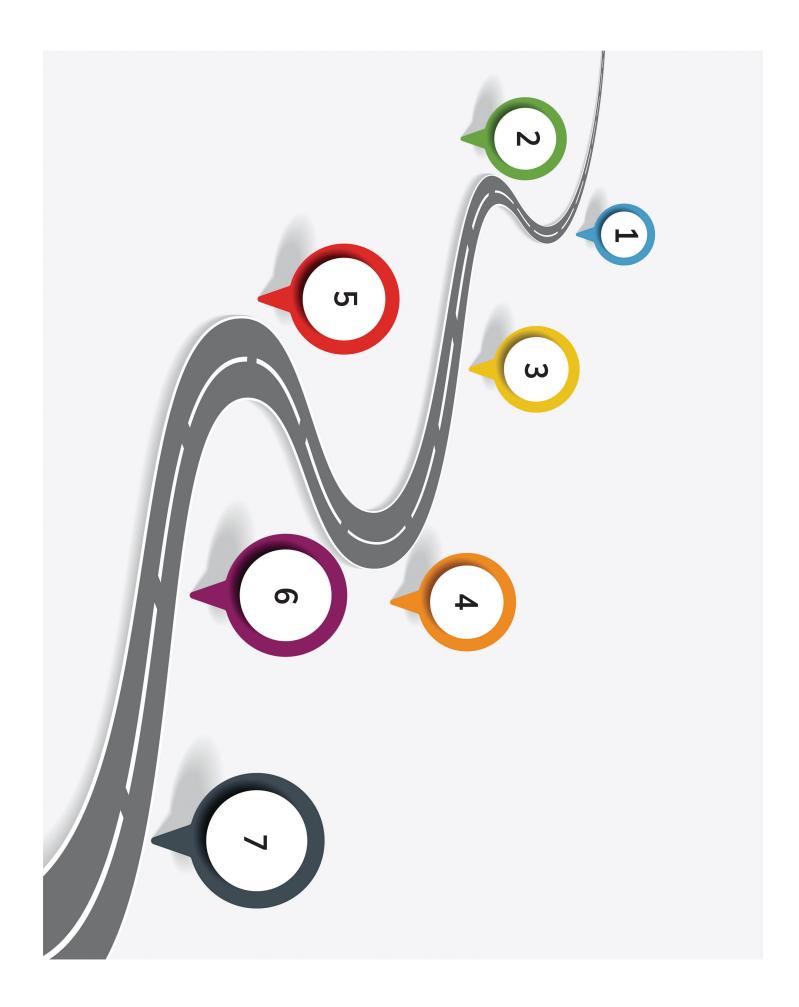
Cuando ayudamos a los demás, nos elevamos a nosotros mismos también.

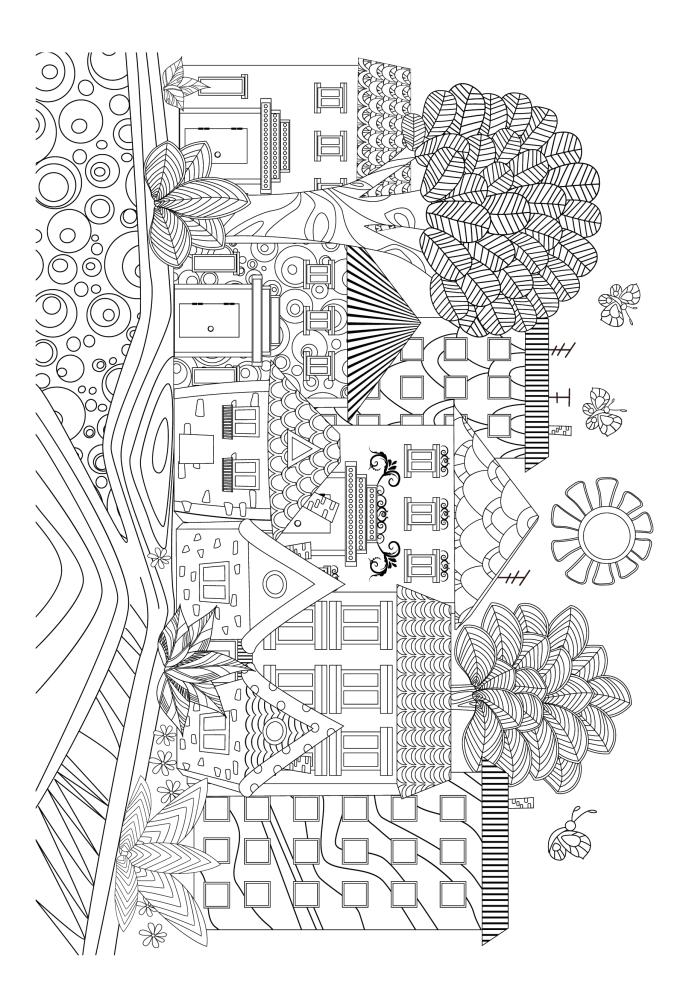
Día #6: Respira

Tómate un momento para calmarte y estar presente en el momento. Inhala a través de tu nariz y exhala lentamente por la boca. Repítelo tres veces y observa cómo cambia tu ánimo.

Día #7: Perdónate

Tal vez has cometido un error o no hiciste algo tan bien como esperabas. Perdónate por no ser una persona perfecta y da los próximos pasos.





BOOK LIST BY AUTHOR—ALL PROGRAMS

Books with * are available in an accessible format from the National Library Service for the Blind and Print Disabled (NLS) and their regional libraries across the United States and territories.

EARLY LITERACY

Babies—English

Ajmera, Maya. Global Baby Playtime, 2021.

Barker, Tamara and illustrated by Violet Lemay. Babies Around the World: Dancing, 2019.

Busby, Ailie. The ABCs of Musical Instruments, 2020.

Capucilli, Alyssa Satin and illustrated by Pat Schories. Hello, Biscuit! Hello, Friends! 2021.

Colman, Michelle Sinclair and Paul Schmid. You See, I See: In the City, 2018.

Duopress Labs and illustrated by Jannie Ho. Hello, My World, 2020.

Duopress Labs and illustrated by Julissa Mora. Hello, Garden Bugs, 2017.

Frank, J.B. and Ela Smietanka. Count on Me 123, 2021.

Hegarty, Patricia and illustrated by Summer Macon. ABCs of Kindness, 2019.

Kimmelman, Leslie and illustrated by Barbara Bakos. Here Come the Helpers, 2018.

Lambert, Johnny. Bear and Bird Learn to Share, 2021.

Lambert, Johnny. Bear and Bird Lend a Helping Hand, 2022.

Lin, Grace. The Last Marshmallow, 2020.

Lin, Grace. Up to My Knees! 2020.

Lionni, Lio. Where Are Swimmy's Friends? 2021.

Macdonald, Maryann and illustrated by Rahele Jomepour Bell. Playdate, 2019.

McKellar, Danica and illustrated by Alicia Padrón. Bathtime Mathtime: Shapes, 2019. O'Connell, Rebecca and illustrated by Ken Wilson-Max. The Baby Goes Beep, 2020.

Ordóñez, Miguel. Get Together, 2021.

Pixton, Amy and Ekaterina Trukhan. Let's Be Kind, 2020.

Rinker, Sherri Duskey and illustrated by Ethan Long. Bulldozer's Shapes, 2019.

Spanyol, Jessica. Rosa Loves Cars, 2018.

Spiro, Ruth and Irene Chan. Baby Loves Coding! 2018.

Babies—Spanish or Bilingual

Arena, Jen and illustrated by Erika Meza. Salsa Lullaby, 2019. English with Spanish words.

Beaumont, Karen and illustrated by David Catrow. !Me gusto cómo soy! / I Like Myself! 2018. Bilingual.

Beer, Sophie. Un mundo muy amable / Kindness Makes Us Strong. 2022. Bilingual.

Caracolino. Carteras y carteros, 2020. Spanish.

Dellow, Sarah and illustrated by Annie Kubler. A la rueda rueda en el jardín / Round and Round the Garden, 2021. Bilingual.

Dominguez, Angela. I Love You, Baby Burrito, 2021. English with Spanish words.

Herrera, Juan Felipe and illustrated by Blanca Gómez. Cerca / Close, 2019. Bilingual.

Lobo, Julia and illustrated by Nicola Slater. ¿Tú serás mi rayito de sol? / Will You Be My Sunshine? 2020. Bilingual.

Rodriguez, Patty, Ariana Stein, and illustrated by Ana Godinez. Vámonos a Bogotá / Let's Go to Bogotá, 2021. Bilingual.

Rodriguez, Patty, Ariana Stein, and illustrated by Citlali Reyes. Singing Cantando De Colores: A Bilingual Book of Harmony, 2019. Bilingual.

Salguero, Andrés and illustrated by Sara Palacios Ten Little Birds / Diez pajaritos, 2021. Bilingual.

Salguero, Andrés and illustrated by Sara Palacios. Hello Friend, Hola Amigo, 2020. Bilingual.

Straber, Susanne. El zorro conduce / Fox Drives, 2022. Spanish or English.

Swift, Ginger and illustrated by Katya Longhi La abejita amarilla / Little Yellow Bee, 2020. Spanish or English.

Taylor, Marisa J. and illustrated by Vanessa Balleza. Happy Within / Feliz por dentro, 2020. Bilingual.

Toddlers—English

Alber, Diane. A Little Spot of Kindness! 2019.

Allepuz, Anuska. That Fruit is Mine, 2018.

Ardagh, Philip. Bunnies on the Bus, 2019.

Brydon, Alli and illustrated by Wazza Pink. Love Around the World: Family and Friendship Around the Globe, 2020.

Cenko, Doug. My Mama Is a Mechanic, 2019.

Cenko, Doug. My Papa Is a Princess, 2018.

Cole, Henry. Try a Little Kindness, 2018.

Crespo, Ana and Giovana Medeiros. Lía and Luis: Who Has More? 2020.

Damluji, Mona and Innosanto Nagara. Together, 2021.

*Doerrfeld, Cori. The Rabbit Listened, 2018. (DBC12557)

Durant, Alan and Dale Blankenaar. Quill Soup: A Stone Soup Story, 2020.

Featherstone, Ann et al. A World of Kindness, 2018.

Harris, C.M. and illustrated by Eric Everett. What If We Were All the Same! 2019.

Heidbreder, Robert and illustrated by Dušan Petričić. ROAR-chestra! A Wild Story of Musical Words. 2021.

Hische, Jessica. Tomorrow I'll Be Kind, 2020.

Krensky, Stephen and Sara Gillingham I Like to Share! 2021.

Lamba, Maria, Baldev Lamba, and illustrated by Sonia Sanchez. Green Green, 2022.

Lee, Sherry J. and illustrated by Charlene Chua. Going Up!, 2020.

López-Alt, J. Kenji and illustrated by Gianna Ruggiero. Every Night Is Pizza Night, 2020.

*Maillard, Kevin Noble and illustrated by Juana Martinez-Neal. Fry Bread, 2019. (DB 98387)

Marcero, Deborah. In a Jar, 2020.

McKellar, Danica and illustrated Alicia Padrón. Bathtime Mathtime, 2018.

Montague, Brad. The Circles All Around Us, 2021.

Nelson, Kadir. If You Plant a Seed, 2015.

Nevin, Judy Carey and illustrated by Susie Hammer. All Kinds of Kindness, 2020.

Parr, Todd. The Kindness Book, 2019.

Paul, Ann Whitford and illustrated by David Walker. If Animals Tried to Be Kind, 2021.

Rogers, Fred and Luke Flowers. Won't You Be My Neighbor?, 2020.

Smith, Monique Gray and illustrated by Nicole Neidhardt. When We Are Kind, 2020.

Spinelli, Eileen and illustrated by Ekaterina Trukhan. We're Better Together, 2021.

Spiro, Ruth and illustrated by Irene Chan. Baby Loves Scientists: You Can Be Anything! 2019.

Tankard, Jeremy. Sleepy Bird, 2018.

Thomas, Jan. My Friends Make Me Happy, 2018.

van Gageldonk, Mack. A Great Day for a Hug, 2021.

Waring, Zoe. No Hugs for Porcupine, 2017.

Watkins, Rowboat. Mabel: A Mermaid Fable, 2020.

Wohnoutka, Mike. Croc & Turtle! The Bestest Friends Ever, 2019

Yolder, Jane and Mark Teague. How Do Dinosaurs Show Good Manners? 2021.

Young, Jessica and illustrated by Daniel

Wiseman. Play This Book, 2018.

Toddlers—Spanish or Bilingual

Adams, Emma. A los unicornios no les gustan los arcoíris / Unicorns Don't Love Rainbows, 2021. Spanish or English.

Blabey, Aaron. I Need a Hug / Necesito un abrazo, 2019. Bilingual.

Colato Laínez, René and illustrated by Nomar Perez. Let's Be Friends / Seamos Amigos, 2021. Bilingual.

Diaz, Lucky and illustrated by Micah Player. Paletero Man, 2021. English with Spanish words.

Drago, Flavia Z. Leila, the Perfect Witch / Leila, la brujita perfecta, 2022. Spanish or English.

Elya, Susan Middleton and illustrated by Miguel Ordóñez. The Three Billy Goats Buenos, 2020. English with Spanish words.

Engle, Margarita and illustrated by Sara Palacios. Un pregón de frutas / A Song of Frutas, 2021. Spanish or English.

Fragoso, José. My Voice / Mi voz, 2018. Bilingual.

Gundersheimer, Ben and illustrated by Marcos Almada Rivero. Señorita Mariposa, 2019. Bilingual.

Guy, Ginger Foglesong and illustrated by René King Moreno. Días y días / Days and Days, 2019. Bilingual.

Hofmann-Maniyar, Ariene and illustrated by Yanitzia Canetti. Nieve en la jungle / Snow in the Jungle, 2021. Bilingual.

Isadora, Rachel. Say Hello! 2017. English with Spanish words.

Jaramillo, Susie. Pin Pon, 2020. Bilingual.

Kurman, Hollis and illustrated by Barroux. A contar amabilidad / Counting Kindness, 2021. Bilingual.

*Mora, Oge. ¡Gracias, Omu! / Thank You, Omu!, 2020. Bilingual. (BR 22570)

Orozco, José-Luis and illustrated by Sara Palacios. Canta conmigo / Sing with Me, 2020, Bilingual. Peacock, Lou. Coque escoge / Charlie Chooses, 2021. Spanish or English.

Reynoso, Naibe and illustrated by Ana Varela. How to Fold a Taco / Cómo dublar un taco, 2020. Bilingual.

Reynoso, Naibe and illustrated by Jone Leal. Be Bold! Be Brave! Sé audaz, Sé Valiente! 2019. Bilingual.

Rodriguez, Patty, Ariana Stein, and illustrated by Citlali Reyes. The Life of-La Vida de Ritchie, 2019. Bilingual.

Smith, Monique Gray and illustrated by Julie Flett. My Heart Fills with Happiness / Mi corazón se llena de alegría, 2020. Bilingual.

Spanyol, Jessica. Rosa's Big Bridge Experiment / Rose y el experimento del gran puente, 2020. Bilingual.

Weill, Cynthia and Bryant Boucher. Let's Work!: Mexican Folk Art Trabajos in English and Spanish, 2019. Bilingual.

Zanella, Sandy and illustrated by Diana Guerrero. Happy Yogis: Un libro divertido de yoga para los niños con afirmaciones positivas / Happy Yogis: A fun kids yoga book with positive affirmations, 2021. Bilingual.

Preschoolers—English

Alary, Laura and illustrated by Kass Reich. What Grew in Larry's Garden, 2020.

Armier, Toni and illustrated by Anna Jones. Hello! Hometown Heroes, 2021.

Aronson, Katelyn and Eve Farb. Clovis Keeps His Cool, 2021.

Atwater, Allysun and illustrated by Stevie Lewis. I Am Thinking My Life, 2022.

Aurora, Uncle Ian and illustrated by Natalia Moore. Cheer, 2020.

Blackburne, Livia and Julia Kuo. I Dream of Popo, 2021.

Bright, Rachel and illustrated by Jim Field The Squirrels Who Squabbled, 2019.

*Byers, Grace and illustrated by Keturah A. Bobo. I Am Enough, 2018. (DB 99697, BR 23191) Chan, Ruth. Thank You, Neighbor!, 2021.

Doerrfeld, Cori. Goodbye, Friend! Hello, Friend, 2019.

Erskine, Kathryn. All of Us, 2021.

Fan, Terry and Eric Fan. It Fell From the Sky, 2021.

Ferry, Beth and Tom Lightenheld. Best Friends Forever (Stick and Stone #3), 2018.

*Floca, Brian. Keeping the City Going, 2021. (BR 23899)

Funk, Josh and Sarah Palacios. How to Code a Sandcastle 2018.

Gaines, Joanna and illustrated Julianna Swaney. The World Needs Who You Were Made to Be, 2020.

*Gorman, Amanda and illustrated by Loren Long. Change Sings: A Children's Anthem, 2021. (DB 105158)

Greene, Rhonda Gowler and illustrated by James Rey Sanchez. This Magical, Musical Night, 2021.

*Hillery, Tony and illustrated by Jessie Hartland. Harlem Grown: How One Big Idea Transformed a Neighborhood, 2020. (BR 23748)

Ho, Joanna and illustrated by Dung Ho. Eyes That Kiss at the Corners, 2021.

Jagannath Knight, Amitha and illustrated by Sandhya Prabhat. Usha and the Big Digger, 2021.

Kerascoët. I Walk with Vanessa, 2018.

Kim, Anna. Danbi Leads the School Parade, 2020.

Lê, Minh and illustrated by Dan Santat. Drawn Together, 2018.

Lettice, Jenna and Colleen Madden. The 12 Days of Kindness, 2021.

Magsamen, Sandra and illustrated by Melisa Fernández Nitsche. I Wish, Wish, Wish For You, 2022.

McCardie, Amanda and Colleen Carmour. Let's Play!: A Book About Making Friends, 2021.

McGinty, Alice B. and illustrated by Tomoko Suzuki. Pancakes to Parathas: Breakfast Around the World, 2019. McGregor, Anna. Anemone Is Not the Enemy, 2021.

Meddour, Wendy and illustrated by Daniel Egnéus. Luna and Pebble, 2019.

Miler, Jen Hill and illustrated by Jen Hill. Be Kind, 2018.

Myers, Matt. Hum and Swish, 2019.

*Nyong'o, Lupita and illustrated by Vashti Harrison. Sulwe, 2019. (DB 102284, BR 23186)

*Penfold, Alexandra and illustrated by Suzanne Kaufman. All Are Welcome, 2018. (BR 22678)

Reidy, Jean and illustrated by Joey Chou. Group Hug, 2021.

Rex, Adam and illustrated by Laura Park. Unstoppable 2020.

Singer, Marilyn and illustrated by Leah Nixon. Best Day Ever, 2021.

Smith, Kim. Boxitects, 2020.

Tanco, Miguel. Count on Me, 2019.

Fliess, Sue and Petros Bouloubasis. Goldilocks and the Three Engineers, 2021.

Snyder, Gabi. Listen, 2021.

Sorrell, Traci and illustrated by Frané Lessac. We Are Grateful: Otsaliheliga, 2018.

Swenson, Jamie A. and illustrated by Scott Magoon. Chirp! Chipmunk Sings for Friend, 2021.

Tamaki, Jillian. Our Little Kitchen, 2020.

Tate, Nikki and illustrated by Kathie Kath. Home Base, 2020.

Teckentrup, Britta. We Are Together, 2018.

Tierney, Peggy Porter and illustrated by Marie Letourneau. How to Change the World in 12 Easy Steps, 2021.

Ueno, Yoshi and illustrated by Emiko Fujishima. The Big House and the Little House, 2021.

Waissbluth, Denyse and illustrated by Chelsea O'Byrne. Teatime Around the World, 2020.

Willems, Mo an illustrated by Dan Santat. Harold and Hog Pretend for Real! (Elephant and Piggie Like Reading #6), 2019.

Wilson, Karma and Jane Chapman. Bear Can't

Wait, 2021.

*Yuskel, M.O. and Hatem Aly. In My Mosque, 2021. (DB 105040)

Zhang, Kat and Charlene Chua. Amy Wu and the Warm Welcome, 2022.

Preschoolers—Spanish or Bilingual

123 Andrés and Mónica Poala Rodriguez. !Mi communidad!/My community!, 2021. Bilingual.

Acevedo, Desirée and illustrated by Silvia Álvarez. El color de tu piel / The Color of Your Skin, 2021. Spanish or English.

Aldamuy Denise, Anika and illustrated by Paola Escobar. Sembrando historias: Pura Belpré: Bibliotecaria y narradora de cuentos / Planting Stories: The Life of Librarian and Storyteller Pura Belpré, 2019. Spanish or English.

Bernier-Grand, Carmen T. and illustrated by Alyssa Bermudez. We Laugh Alike / Juntos nos reímos, 2021. Bilingual.

Black, Misty and illustrated by Ana Rankovic. Caleb el Castor calma su ansiedad / Brave the Beaver Has the Worry Warts, 2021. Spanish or English.

*Bloom, Suzanne. Nuestro autobús / The Bus for Us, 2020. Bilingual. (DBC14895)

*Campoy, F. Isabel. Quizás algo hermoso: Como el arte transformó un barrio / Maybe Something Beautiful: How Art Transformed a Neighborhood, 2016. Spanish or English. (DBC06779, English only)

*de la Peña, Matt and illustrated by Christian Robinson. Milo imagina el mundo / Milo Imagines the World, 2021. Spanish or English. (BR 23726, DB 102043, English only)

de Regil, Tania. Un nuevo hogar / A New Home, 2019. Spanish or English.

Durango, Julia and illustrated by Bianca Diaz. La casa de algún día / The One Day House, 2017. Spanish or English.

*Engle, Margarita and illustrated by Rafael López. Manos que bailan / Dancing Hands, 2019. Spanish or English. (DB 102522)

Hinder, Sarah Jane. ¡Hola, sol! / Hello Sun!, 2019.

Spanish or English.

*Kondo, Marie and illustrated by Salina Yoon. Kiki and Jax: La magia de la amistad / Kiki and Jax: The Life-Changing Magic of Friendship, 2019. Spanish or English. (DB 97979, English only)

Kunkel, Angela Burke and illustrated by Paola Escobar. Rescatando palabras: José Alberto Gutiérrez y la biblioteca que creó / Digging for Words: José Alberto Gutiérrez and the Library He Built, 2020. Spanish or English.

López, Rafael. We've Got the Whole World in Our Hands / Tenemos el mundo entero en las manos, 2018. Bilingual.

Magro, Baltasar and illustrated by Dani Padrón. El secreto de las hormigas / The Ants' Secret, 2019. Spanish or English.

Martinez-Neal, Juana. La selva de Zonia / Zonia's Rain Forest, 2021. Spanish or English.

Méndez, Yamile Saied and illustrated by Kate Alizadeh. ¿Qué serás? / What Will You Be? 2021. Spanish or English.

Nisnevich, Lissarette. Eldie Makes New Friends! / ¡Eldie hace nuevos amigos! 2021. Bilingual.

Ortiz, Raquel M. and illustrated by Roberta Collier-Morales. Sofi Paints Her Dreams / Sofi pinta sus sueños, 2019. Bilingual.

*Perez, Nomar. De aquí como el coquí / Coquí in the City, 2021. Spanish or English. (DB 106561)

*Raúl the Third and illustrated by Elaine Bay. ¡Vamos! Let's Cross the Bridge (World of ¡Vamos! #2), 2021. English with Spanish words. (DB 106734)

Recio, Sili and illustrated by Brianna McCarthy. Si quisqueya fuera un color / If Dominican Were a Color, 2020. Spanish or English.

Reynoso, Naibee and illustrated by Jone Leal. Fearless Trailblazers, Pioneros Audaces: 11 Latinos Who Made U.S. History, 2020. Bilingual.

Russler, Catherine and illustrated by Ely Ely. Jaguares y mariposas / Jaguars and Butterflies, 2020. Spanish or English.

Sanz, Ignacio and illustrated by Eva Poyato. Mi vecino Paco / My Neighbor Frankie, 2020. Spanish or English. Simons, Natalia and illustrated by Alessia Fraschetta. The Mexiglish Girl / La chica Mexiglish, 2021. Bilingual.

*Sotomayor, Sonia and illustrated by Rafael López. ¡Solo pregunta! / Just Ask! 2019. Spanish or English. (BR 22864, English only)

Valdivia, Paloma. Nosotros Means Us: Un cuento bilingüe, 2021. Bilingual.

Verde, Susan and illustrated by John Parra. Oye, muro / Hey, Wall, 2020. English or Spanish.

Walder, Lola and illustrated by Martina Peluso. Juanita: La niña que contaba estrellas / Juanita: The Girl Who Counted the Stars, 2021. Spanish or English.

PICTURE BOOK FICTION (CHILDREN 5+)

Adánez, Antonia and illustrated by Mariona Cabassa. Tú eres un cielo azul / You Are a Blue Sky, 2021. Spanish or English.

Auld, Mary and illustrated by Elisa Paganelli. How to Build an Orchestra, 2020.

Berger, Samantha and illustrated by Sujean Rim. I Love My Glam-ma, 2019.

Boelts, Maribeth and illustrated by Noah Z. Jones. Esos zapatos / Those Shoes, 2018. Spanish or English.

Bowen, Leah, Holly Brochmann, and illustrated by Shirley Ng-Benitez. A Feel Better Book for Little Sports, 2021.

*Bowles, David and illustrated by Erika Meza. My Two Border Towns, 2021. (DB 106598)

Byrne, Richard. The Case of the Missing Chalk Drawings, 2018.

Contreras, Kathleen and illustrated by Gary Undercuffler. Harvesting Friends / Cosechando amigos, 2018. Bilingual

Dahl, Sophie and illustrated by Lauren O'Hara. Madame Babobedah, 2020.

Dealey, Erin and illustrated by Luisa Uribe. Dear Earth...From Your Friends in Room 5, 2020.

Deenihan, Jamie L.B. and Lorraine Rocha. When Grandma Gives You a Lemon Tree, 2019. Faruqi, Reema and illustrated by Mikela Prevost. I Can Help, 2021.

Friedman, Laurie and Zack Bush. The Little Book of Friendship, 2020.

Garcia, Emma. Plinka Plinka Shake Shake, 2019.

*Harrison, Hannah E. Friends Stick Together, 2018. (DBC16432)

Harvey, Jeanne and illustrated by Loveis Wise. Ablaze with Color: A Story of Painter Alma Thomas, 2022.

Heard, Georgia and illustrated by Aaron DeWitt Boom! Bellow! Bleat!: Animal Poems for Two or More Voices, 2019.

*Ho, Joanna and Dung Ho. Eyes that Kiss in the Corner, 2021. (BR 23755)

Holliday, Jena. A Spoonful of Faith, 2022.

Irving, A.J. Dance Like a Leaf / Baila como una hoja, 2020. English or Spanish.

Laden, Nina and Melissa Castrillon. Dear Little One, 2021.

Loring-Fisher, Jo. Wolf Girl, 2022.

McGregor, Anna. Anemone Is Not the Enemy, 2021.

Meddour, Wendy and Daniel Egneus. Grandpa's Top Threes, 2019.

*Medina, Meg and illustrated by Sonia Sanchez. Evelyn Del Rey Is Moving Away, 2020. (DB 101476)

Miletsky, Jay and illustrated by Luis Peres. The Masterpiece, 2019.

Moahloli, Refiloe and illustrated by Zinelda McDonald. I Am You: A Book About Ubuntu, 2022.

Ortiz, Raquel M. and illustrated by Flor de Vita. When Julia Danced Bomba / Cuando Julia bailaba bomba, 2019. Bilingual.

Otoshi, Kathryn. Lunch Every Day, 2021.

Paul, Miranda and Baptiste Paul. Peace, 2021.

Paxton, Kirsty and illustrated by Megan Lotter. The Chalk Giraffe, 2020.

Pirrone, Francesca. Little Book of Kindness,

2020.

Ramos, NoNiegua and illustrated by Jacqueline Alcántara. Your Mama, 2021.

Robinson, Nikki Slade. Anywhere Artist, 2018.

Rockwell, Lizzy. The All-Together Quilt, 2020.

Rogers, Fred and illustrated by Luke Flowers. Mister Rogers Poetry Books series, 2019–20.

Rudd, Maggie C. and Kelly O'Neill. Sometimes It's Hard to Be Nice, 2021.

Seeger, Laura Vaccaro. Red, 2021.

*Sigwarth, Lydia M. Dear Librarian, 2021. (DB 104332)

Smith, Sadé and illustrated by Ken Daly. Granny's Kitchen, 2022.

Sotomayor, Sonya and illustrated by Angela Dominguez. Just Help! How to Build a Better World. 2022.

Sturgis, Brenda Reeves and Jo-Shin Lee. Still a Family: A Story about Homelessness, 2017.

Trimmer, Christian and Kaylani Juanita. The Little Things, 2021.

Underwood, Deborah and illustrated by Tim Hopgood. Loving Kindness, 2021.

Venable, Colleen A.F and illustrated by Lian Cho. The Oboe Goes Boom, Boom, Boom, 2020.

Verde, Susan and illustrated by Jay Fleck. Los tres cerditos yoguis y el lobo que perdió la respiración / Three Little Yogis and the Wolf Who Lost His Breath, 2020. Spanish or English.

Verde, Susan and illustrated by John Parra. Hey, Wall. 2018.

Woodgate, Harry. Grandad's Camper, 2021.

Woodson, Jacqueline and illustrated by Rafael López. The Year We Learned to Fly, 2022.

Yang, Kalia Kao and illustrated by Khoa Le. The Most Beautiful Thing, 2020.

PICTURE BOOK NONFICTION (CHILDREN 5+)

Ajmera, Maya and John D. Ivanko. Come Out and Play: A Global Journey, 2020.

Angelou, Maya, Jean-Michel Basquiat, and

edited by Sara Jane Boyers. Life Doesn't Frighten Me, 25th Anniversary Ed., 2018.

Boughton, Sam. The Extraordinary Gardener, 2018.

Brown-Wood, JaNay and illustrated by Samara Hardy. Miguel's Community Garden, 2022.

Grindler, Sarah. Forest Magic: A Guidebook for Little Woodland Explorers, 2021.

Lappano, Jon-Erik and illustrated by Kellen Hatanaka. Tokyo Digs a Garden, 2016.

Liukas, Linda. The Hello Ruby series, 2015–18.

Marie, Lynne and illustrated by Parwinder Singh. Let's Eat: Mealtime Around the World. 2019.

Marley, Ziggy and illustrated by Ag Jatkowska. Music Is in Everything, 2022.

McGinty, Alice B. and illustrated by Shonto Begay. The Water Lady: How Darlene Arviso Helps a Thirsty Navajo Nation, 2021.

Paul, Miranda, Baptise Paul, and illustrated by Isabel Muñoz. Around the World, 2018.

Robbins, Dean and illustrated by Lucy Knisley. Margaret and the Moon, 2017.

Rodrigues, Patty, Ariana Stein, and illustrated by Citlali Reyes. The Life of/La Vida de Jean-Michel Basquiat (Lil' Libros), 2021.

Rzezak, Joanna. 1001 Bees, 2021.

Serres, Alain, illustrated by Aurélia Fronty, and translated by Shelley Tanaka. I Have the Right to Save My Planet, 2021.

*Steptoe, Javanka. Radiant Child: The Story of Young Artist Jean-Michel Basquiat, 2016. (BR 22012, DB 86753)

Ward, Jennifer. Just You and Me: Remarkable Relationships in the Wild, 2021.

EARLY READER FICTION

Atinuke and illustrated by Onyinye Iwu. Too Small Tola, 2021.

Burnell, Heather Aryis and illustrated by Hazel Quintanilla. Unicorn and Yeti series, 2019–22. Graphic novels.

Dean, Kimberly and James Dean. Pete the Cat: Rocking Field Day (I Can Read Level 1), 2021. Fang, Vicky. Friendbots: Blink and Block Bug Each Other, 2021.

*Faruqi, Saadia and illustrated by Hatem Aly. Yasmin Ia chef / Yasmin the Chef, 2020. Spanish or English. (DB 102351, English only)

*Faruqi, Saadia and illustrated by Hatem Aly. Yasmin the Gardener, 2021. (DB 102351)

Galbraith, Bree and Morgan Goble. Wednesday Wilson Gets Down to Business, 2021.

Ganucheau, Paulina. Lemon Bird Can Help, 2022.

Greenawalt, Kelly and illustrated by Amariah Rauscher. I Am a Good Friend (Princess Truly #4), 2021.

Guteman, Dan and illustrated by Jim Paillot. My Weird School: Teamwork Trouble (I Can Read Level 2), 2020.

Hale, Bruce and illustrated by Guy Francis. Clark the Shark: Friends Forever (I Can Read Level 2), 2022.

Hrab, Naseem. Ira Crumb Makes a Pretty Good Friend, 2017.

Iwai, Melissa. Gigi and Ojiji (I Can Read Level 3), 2022.

Jennings, Terry Catusus and illustrated by Fatima Ananya. Knight of the Cape (Definitely Dominguita #1), 2021.

John, Jory and Pete Oswald. The Bad Seed Goes to the Library (I Can Read Level 1), 2022.

Kirk, Daniel. Newton and Curie: The Science Squirrels, 2020.

Pilkey, Dav. A Friend for Dragon (Dragon #1), 2019.

Pilkey, Dav. Dragón y sus labors / Dragon Gets By (Dragon #3), 2019. Spanish or English.

Quigley, Dawn and Tara Audibert. Jo Jo Makoons, 2021.

Raúl the Third and illustrated by Elaine Bay. El Toro and Friends series, 2021–22. Graphic novels; English with Spanish words.

Redbank, Tennant. Go, Team, Go! (Step into Reading 2), 2021.

Ruzzier, Sergio. Up and Down and Other Stories

(Fox and Chick #4), 2022.

Scotton, Rob. Splat the Cat and the Obstacle Course (I Can Read Level 2), 2021.

Soundar, Chitra and illustrated by Jen Khatun. Sona Sharma, Very Best Big Sister? 2021.

Vandorn, Kaeti. Monster Friends, 2021.

Waldo, Steph. Tiny Tales: Shell Quest, 2021.

Wilson, N.D. and illustrated by Forrest Dickison. Hello, Ninja. Hello, Stage Fright! (I Can Read Level 2), 2021.

Yang, Kao Kalie and illustrated by Seo Kim. A Map Into the World, 2019.

Yolen, Jane and illustrated by Mike Moran. Racing the Waves (Ready to Read Level 1), 2019.

EARLY READER NONFICTION

Garcia, Gabi and illustrated by Charity Russell. I Can Do Hard Things / Yo puedo hacer cosas difíciles, 2018. Bilingual.

Milner, Charlotte. The Bee Book, 2018.

Ransom, Candice and illustrated by Erika Meza. Garden Day! (Step into Reading 1), 2019.

Winter, Jeanette. Greta: La lucha de una niña por salvar el planeta / Our House Is on Fire, 2019. Spanish or English.

MIDDLE GRADE FICTION

*Alston, B.B. Amari and the Night Brothers, 2021. (BR 23699, DB 102312)

Alston, Sasha Ariel and Vanessa Brantley-Newton. Sasha Savvy Loves to Code, 2017.

Applegate, Katherine and illustrated by Patricia Castelao. The One and Only Bob, 2020.

*Bauer, Joan. Raising Lumie, 2020. (DB 99479)

*Behar, Ruth. Cartas de Cuba / Letters from Cuba, 2021. Spanish or English. (DB100506, English; Spanish in progress as of 5/31/2022)

*Bourne, Shakirah. Josephine Against the Sea. 2021. (DB 104714)

*Bruchac, Joseph. Rez Dogs, 2021. (DB 103860)

Cartaya, Pablo. El épico fracaso de Arturo Zamora / The Epic Fail of Arturo Zamora, 2020. Spanish or English.

- *Cervantes, Angela. Lety alza su voz / Lety Out Loud, 2019. Spanish or English. (DB 98288, English)
- *Cisneros, Ernestro. Falling Short, 2022. (DB in process as of 5/31/22)
- Córdova, Zoraida. Valentina Salazar Is Not a Monster Hunter, 2022.
- Day, Christine. The Sea in Winter, 2021.
- Delaney, Rachelle. Alice Fleck's Recipe for Disaster, 2021.
- Faruqi, Saadia. Yusuf Azeem Is Not a Hero, 2021.
- *Entrada Kelly, Erin and illustrated by Isabel Roxas. Hello, Universe, 2020. (BR 22214, DB 88222)
- *Fipps, Lisa. Starfish, 2021. (BR 24096, DB 102975)
- Fung, Rosena. Living with Viola, 2021. Graphic novel.
- Graley, Sarah and Stef Purenins. Donut the Destroyer, 2020. Graphic novel.
- *Hagger-Holt, Sarah. Nothing Ever Happens Here, 2021. (BR 01671)
- *Harrell, Rob. Guiño / Wink, 2021. Spanish or English. (DB 106476, English)
- *Higuera, Donna Barba. Lupe Wong no baila / Lupe Wong Won't Dance, 2021. Spanish or English. (DB 101300, English)
- Higuera, Donna Barba. The Last Cuentista, 2021.
- Holm, Jennifer L. El pez número catorce / The Fourteenth Goldfish, 2018. Spanish or English.
- *Hunt, Lynda Mullaly. Shouting at the Rain / Gritar a la lluvia, 2020. Spanish or English. (DB 957370, English; DB 105715, Spanish)
- Janowitz, Jessie. The Doughnut Fix, 2018.
- Janowitz, Jessie. The Doughnut King, 2019.
- *Keller, Tae. When You Trap a Tiger, 2020. (BR 23610, DB 99005)

Klune, T.J. The House in the Cerulean Sea, 2020.

*Kuzki, Shaw. Soul Lanterns, 2021. (BR 24125,

DB 107621)

Lai, Remy. Pie in the Sky, 2019.

- LaMotte, Lily and illustrated by Ann Xu. Measuring Up, 2020. Graphic novel.
- LaRocca, Rajani. Midsummer's Mayhem, 2019.
- Larson, Hope. Eagle Rock series, 2018–22. Graphic novels.
- Lawson, Jon Armo and Qin Leng. Over the Shop, 2021.
- *Lloyd, Megan Wagner. Allergic, 2021. (DB 104348)
- Loveless, Gina, Meika Hashimoto, and illustrated by Genevieve Kote. Animal Rescue Friends (Epic! #6), 2021.
- *Lucido, Aimee. Recipe for Disaster, 2021. (BR 23931)
- *Lukoff, Kyle. Too Bright to See, 2021. (BR 24101, DB 105462)
- MacLachlan, Patricia. My Father's Words, 2018.
- Mangan, Stephen and illustrated by Anita Mangan. Escape the Rooms, 2021.
- Mannaert, Wauter. Chef Yasmina and the Potato Panic, 2021. Graphic novel.
- *Marks, Janae. From the Desk of Zoe Washington, 2020. (BR 23873, DB 98670)
- *Marsh, Katherine. Nowhere Boy, 2018. (DB 93122)
- Matheson, Christie. Shelter, 2021.
- *McDunn, Gillian. Caterpillar Summer, 2018. (DB 95679)
- Miller, Kayla, Jeffrey Canino, and illustrated by Kristina Luu. Besties: Work It Out, 2021.
- Nannestad, Katrina. We Are Wolves, 2022.
- Negron, Chris. The Last Super Chef, 2021.
- *Nielsen, Susin. No Fixed Address, 2018. (DB 95198)
- Ormsbee, Kathryn. Candidly Cline, 2021.
- Otheguy, Emma. Silver Meadows Summer, 2020.
- Palacio, R.J. White Bird / Pájaro blanco, 2019. Graphic novel; Spanish or English.
- Parks, Amy Noelle. Summer of Brave, 2022.

Pla, Sally J. and illustrated by Julie McLaughlin. The Someday Birds, 2018.

*Rhodes, Jewell Parker. Ghost Boys, 2019. (BR 22276, DB 90875)

Riddiough, Lisa Frenkel and Olivia Chin Mueller. Elvis and the World as It Stands, 2021.

*Rowling, J.K. Harry Potter series, 1997–2007.

*Royce, Eden. Root Magic, 2021. (DB 106014)

*Sarno, Melissa. Just Under the Clouds, 2018. (DB 91331)

Sheinkin, Steve. Undefeated: Jim Thorpe and the Carlisle Indian School Football Team, 2017.

Siddiqui, Maleeha. Barakah Beats, 2021.

Smith, Niki. The Golden Hour, 2021.

Stewart, Arlene. The Friendship Bracelet, 2017.

*Summer, Jamie. Roll with It, 2019. (DB 97973)

Tamaki, Mariko and illustrated by Brooklyn Allen. La luna está arriba / The Moon Is Up, 2019. Spanish or English.

Trebincevic, Kenan and Susan Shapiro. World in Between, 2021.

Venkatraman, Padma. The Bridge Home, 2019.

Walke, Angharad. The Ash House, 2021.

Wang, Andrea. The Many Meanings of Meilan, 2021.

*Warga, Jessica. Other Words for Home, 2021. (DB 96396)

*Watson, Renée and illustrated by Nina Mata. Ways to Make Sunshine, 2020. (DB 100041)

*Watson, Renée. Ways to Grow Love (Ryan Hart #2), 2021. (DB 104005)

MIDDLE GRADE NONFICTION

Albertson, Margaret E. and Paula Emick. Music: The Sound of Science, 2019.

America's Test Kitchen. The Complete Cookbook for Young Chefs, 2018.

American's Test Kitchen. The Complete Baking Book for Young Chefs, 2019.

America's Test Kitchen. The Complete Cookbook for Young Scientists, 2021.

Arce, Julissa. Someone Like Me: How One Undocumented Girl Fought for Her American Dream, 2018.

Borgert-Spaniol, Megan, Lauren Kukla, and illustrated by Aruna Rangarajan. Crafting Calm: Art and Activities for Mindful Kids, 2020.

Bradley, Maura. Mindfulness for Kids in 10 Minutes a Day, 2021.

Bridges, Ruby. This Is Your Time, 2021. (DB 101455)

Brosgol, Vera. Be Prepared, 2018. Graphic novel.

*Burnell, Cerrie and Lauren Mark Baldo. I Am Not a Label, 2020. (BR 23493, DB 101823)

Carey, Jacqui. Beginner's Guide to Japanese Braiding: The Art of Kumihimo, 2020.

Carpenter, Maile. The Big, Fun Kids Cookbook, 2020.

Chopra, Mallika and illustrated by Brenna Vaughan. Just Be You, 2021.

*Cook, Deanna. Cooking Class Global Feast: 44 Recipes that Celebrate the Worlds Cultures, 2019. (DB in process as of 5/31/22)

Croft, Malcolm. TikTok Famous: The Ultimate Fan Book, 2021.

Dahle, Tiffany. The Ultimate Kids' Baking Book, 2019.

Daigneau, Jean. Code Cracking for Kids: Secret Communications Throughout History, with 21 Codes and Ciphers, 2019.

Dickmann, Nancy and illustrated by Sue Downing. Around the World in 80 Musical Instruments, 2022.

Editors of Quarry Books. Kids Create Together: Hands-On Projects for Collaborative Art Making for Kids' Groups of Every Size, 2022.

Frisch, Cari and Elizabeth Margulies. Art Making with MoMA: 20 Activities for Kids Inspired by Artists, 2018.

Garcia, Karina. Karina Garcia's Next-Level DIY Slime, 2018.

Gómez-Colón, Salvador. Hurricane: My Story of Resistance, 2021.

Hamilton, Kimberlie. Daring Dogs: 30 True Tales

of Heroic Hounds, 2020.

Hamilton, Kimberlie. Fearless Felines: 30 True Tales of Courageous Cats, 2019.

Haynes, Norma Jean, Ann Sayre Wiseman, and John Langstaff. Make Music! 2019.

Hood, Susan and illustrated by Sally Wern Comport. Ada's Violin: The Story of the Orchestra of Paraguay, 2016.

Isaac, Dawn. 101 Things for Kids to Do Screen-Free, 2020.

Isogawa, Yoshihito. LEGO Technic Non-Electric Models: Simple Machines, 2021.

Jones, Kidada and illustrated by Koa Jones. School of Awake: A Girl's Guide to the Universe, 2017.

Kirkwood, Kathlyn J. and illustrated by Steffi Walthall. Ain't Gonna Let Nobody Turn Me 'Round, 2022.

Koch, Alli. All the Things: How to Draw Book for Kids, 2020.

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