Tangible items to have on hand

- Small magnifying glasses
- Sidewalk chalk
- Animal track stampers & ink pads or Play Doh to stamp with
- Hot cocoa OR popsicles!
- Rocks & Duct Tape to hold items down on windy days
- Laminated information & plastic frames for flyers

To Go Kit ideas

- Tissue-paper or Tin can Lanterns
- Origami Wolves
- Make a Birdfeeder
- Recycled Paper Kites
- Seed Growing Kit
- Nature Basket
- Butterfly Glider
- Web Weaving
- Ice Lanterns

Websites & Apps to Know

- 1000 Hours Outside,
- Great Backyard Birdcount,
- Citizen Science,
- Tinkergarten (for outdoor play ideas),
- Native Land Digital,
- Pollinator.org (celebrate pollinator week),
- Children and Nature Network,
- Wish Trees,
- Backwoods Mama,
- Miles for Monarchs,
- Symbolic Monarch Migration Project,
- Rochester Pollinators,
- USA National Phenology Network
- Merlin Bird ID (App)
- EBird (App)
- iNaturalist/SEEK (App)

From the 1000 Hours Website

- Tracker sheets
- Kick Off Pack
- Outdoor Advent Calendar
- Podcast & Book Club
- Book suggestions
- Fun Gear & t-shirts

Ready Made Resources

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Melissa Rizer  mrizer@grossepointelibrary.org
Annie Spence  aspence@grossepointelibrary.org
Book List

2023 1000 Hours Outside Book Club list (on their website)

Adventuring Together by Greta Eskridge

The Open Air Life by Linda Akeson McGurk

No Such Thing as Bad Weather by Linda Akeson McGurk

The Law’s Guide to Nature Drawing and Journaling by John Muir Laws

How to Raise a Wild Child: The Art and Science of Falling in Love with Nature by Scott D. Sampson

The Nature Fix by Florence Williams

1000 Hours Outside: Activities to Match Screen Time with Green Time by Ginny Yurich

1000 Hours Outside; Prioritize Nature, Reclaim Childhood and Experience a Fuller Life by Ginny Yurich

The Nature of Nature: Why We Need the Wild by Enric Sala

The Hidden Life of Trees by Peter Wohlleben

Slow Birding: the Art and Science of Enjoying the Birds in Your Own Backyard by Joan E. Strassmann

Stuff that you are already doing, just do it outside!

- Story times
- Yoga
- Walking Book Club
- Rock painting
- Crafts
- Games
- Bubbles
- Book Display
- Scavenger Hunts
- STEM activities
- StoryWalks